ATIVIDADES COM TESOURA
no desenvolvimento infantil

100 ATIVIDADES
PSICOMOTORAS PARA IMPRIMIR E RECORTAR

Para utilização destas atividades com as crianças, é imprescindível assistir a videoaula explicativa que acompanha este material.

A tesoura (sem ponta) é uma ferramenta clássica muito utilizada no trabalho da psicomotricidade infantil, porque permite que a criança desenvolva a coordenação motora, estabilidade postural, percepção visual, coordenação visomotora, integração bilateral, orientação espacial, consciência corporal e força muscular.

Os princípios e a metodologia psicomotora contribuem para reduzir os riscos de má evolução acadêmica, pois recomenda trabalhar e desenvolver os mais variados aspectos ligados à eficácia motora e cognitiva da criança sem deixar de acrescentar que o respeito ao limiar normal esperado da criança é essencial para que a maturação cerebral e as particularidades neurofuncionais de acordo com a idade se façam sem sobrecarregar emocionalmente a criança.

Essas atividades simples e práticas podem ser aplicadas em sala de aula, consultórios e também em casa por pais, educadores e profissionais da saúde e educação.

É importante salientar que o uso da tesoura deve ser supervisionado por um adulto, e a criança deve ser orientada a utilizá-la com cuidado. A seguir estão 100 dicas de atividades que você pode imprimir para a criança recortar.

O material a seguir foi desenvolvido por Luciana Brites, psicopedagoga e psicomotricista idealizadora do Instituto Neurosaber e criadora do Programa Especializado em Psicomotricidade Infantil - PEPI.

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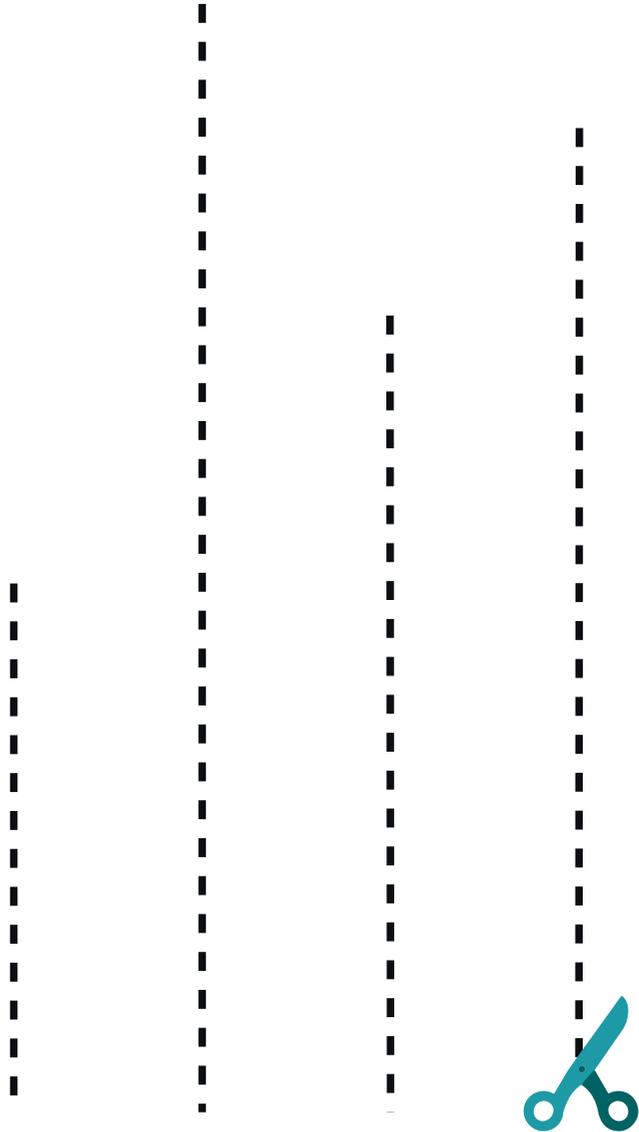
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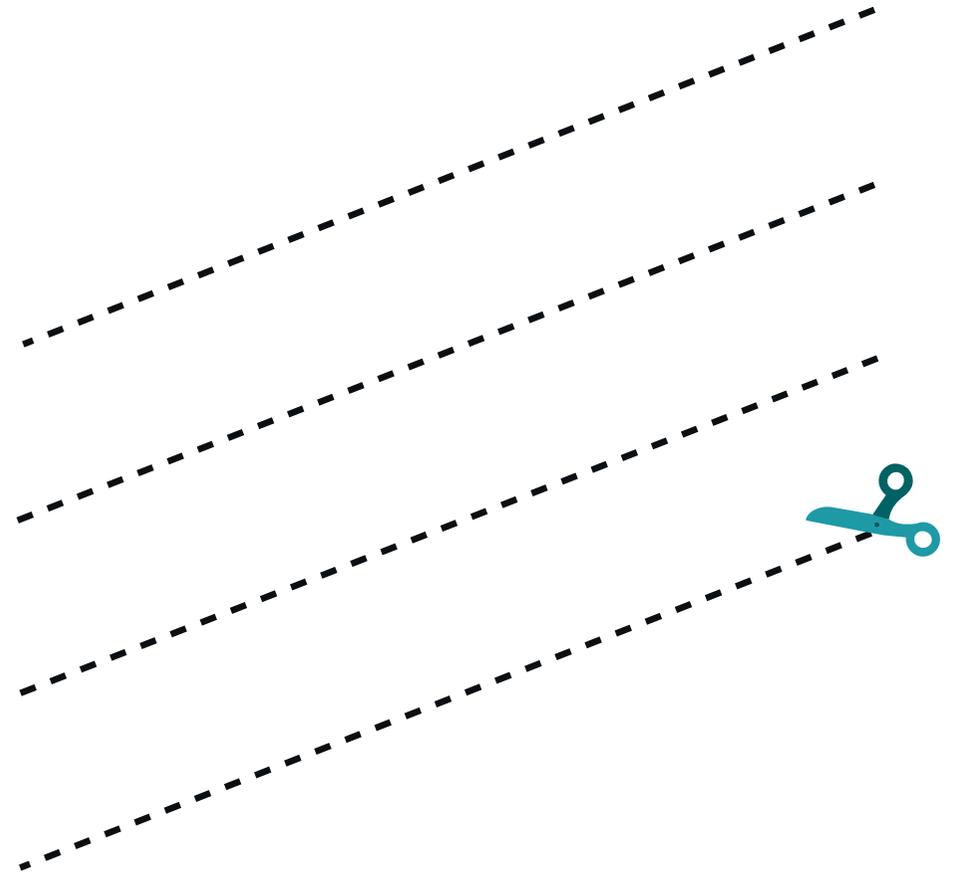
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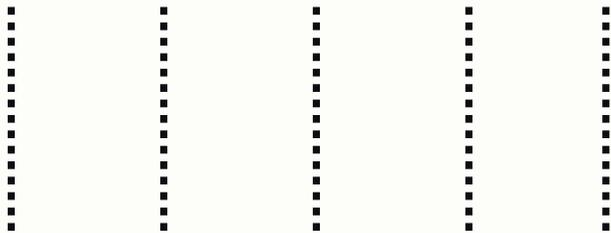
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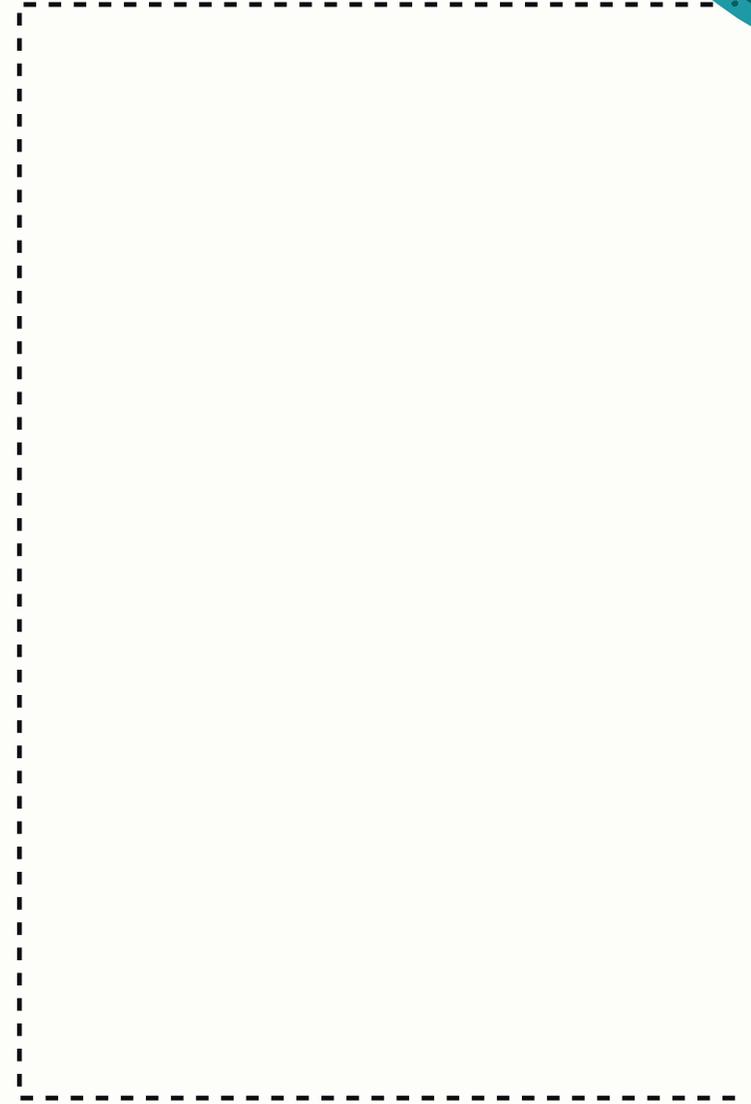
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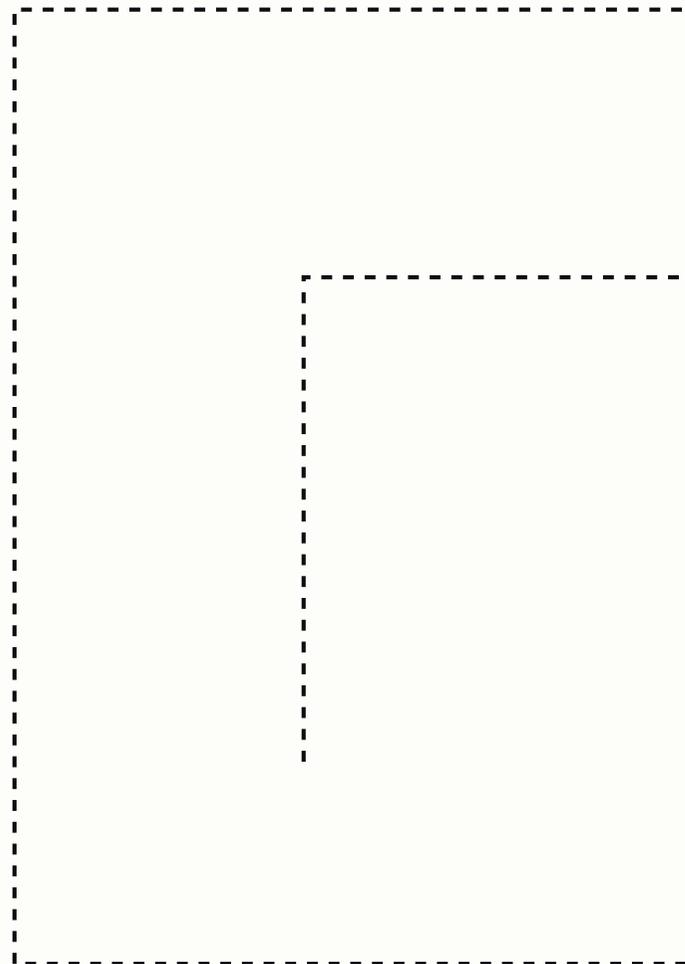
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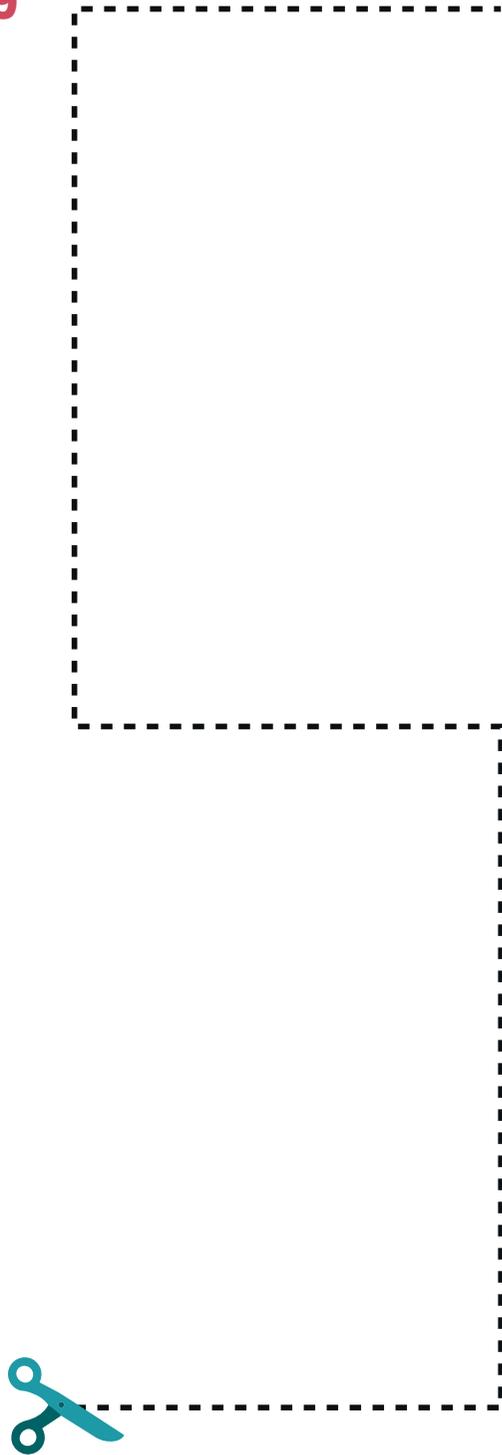
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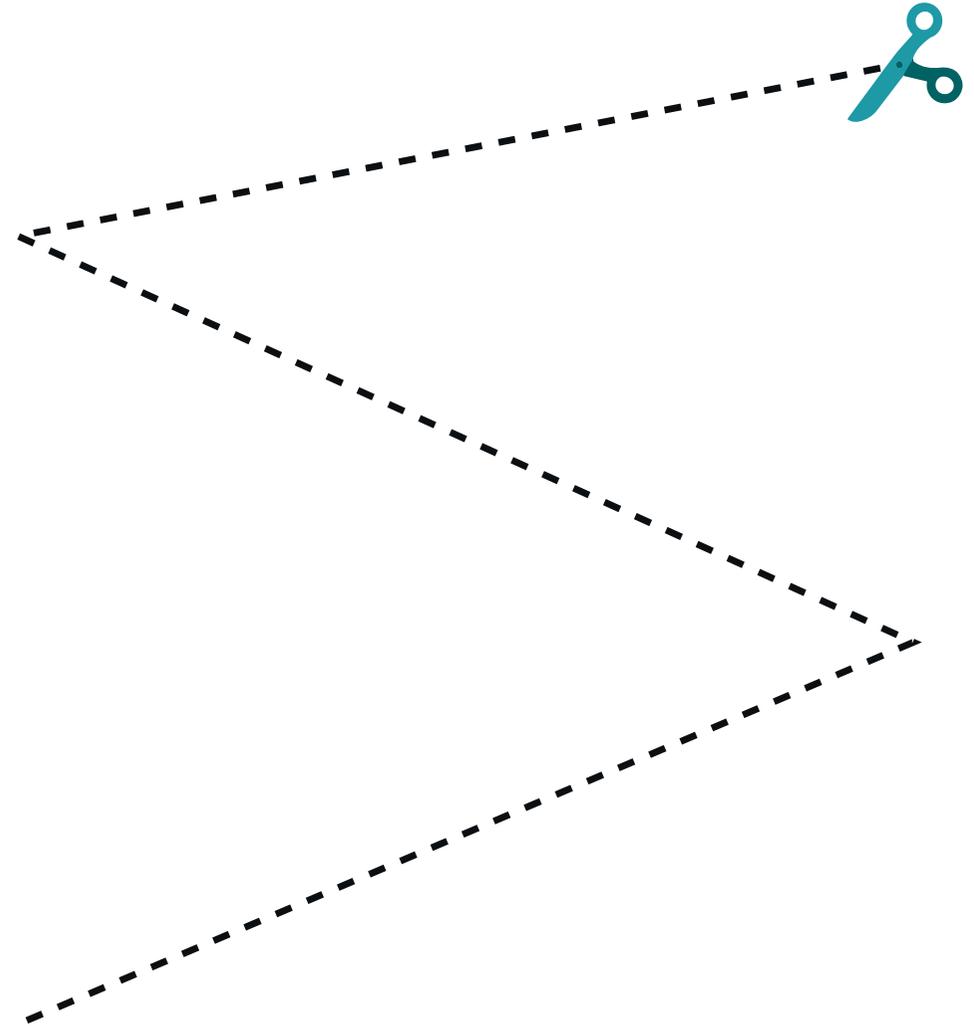
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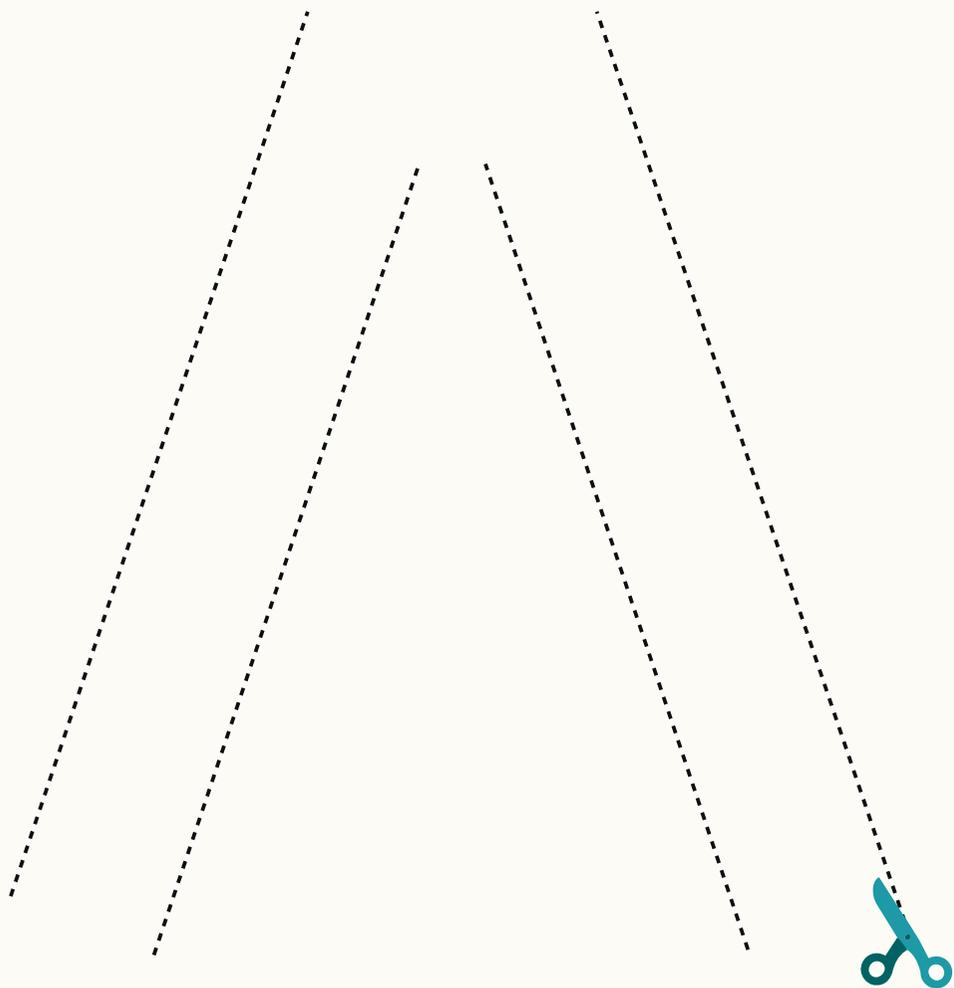
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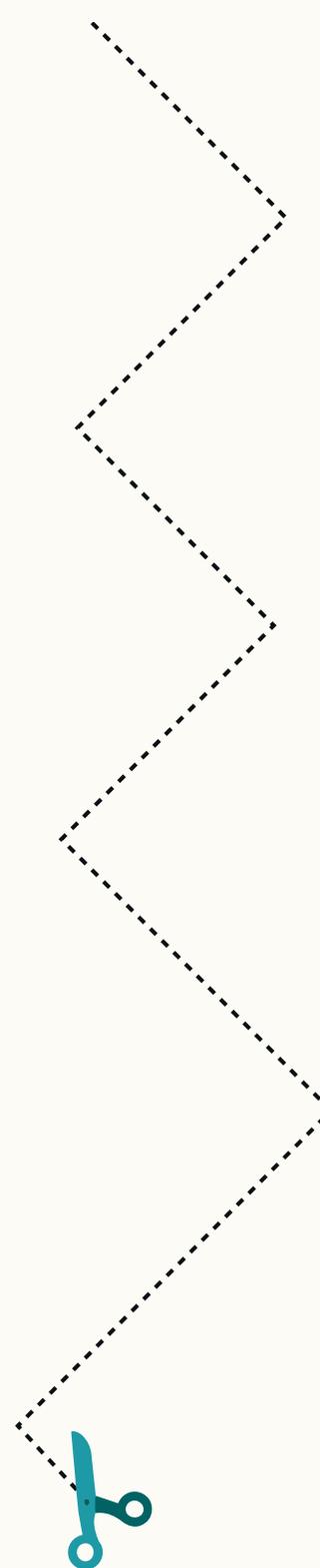
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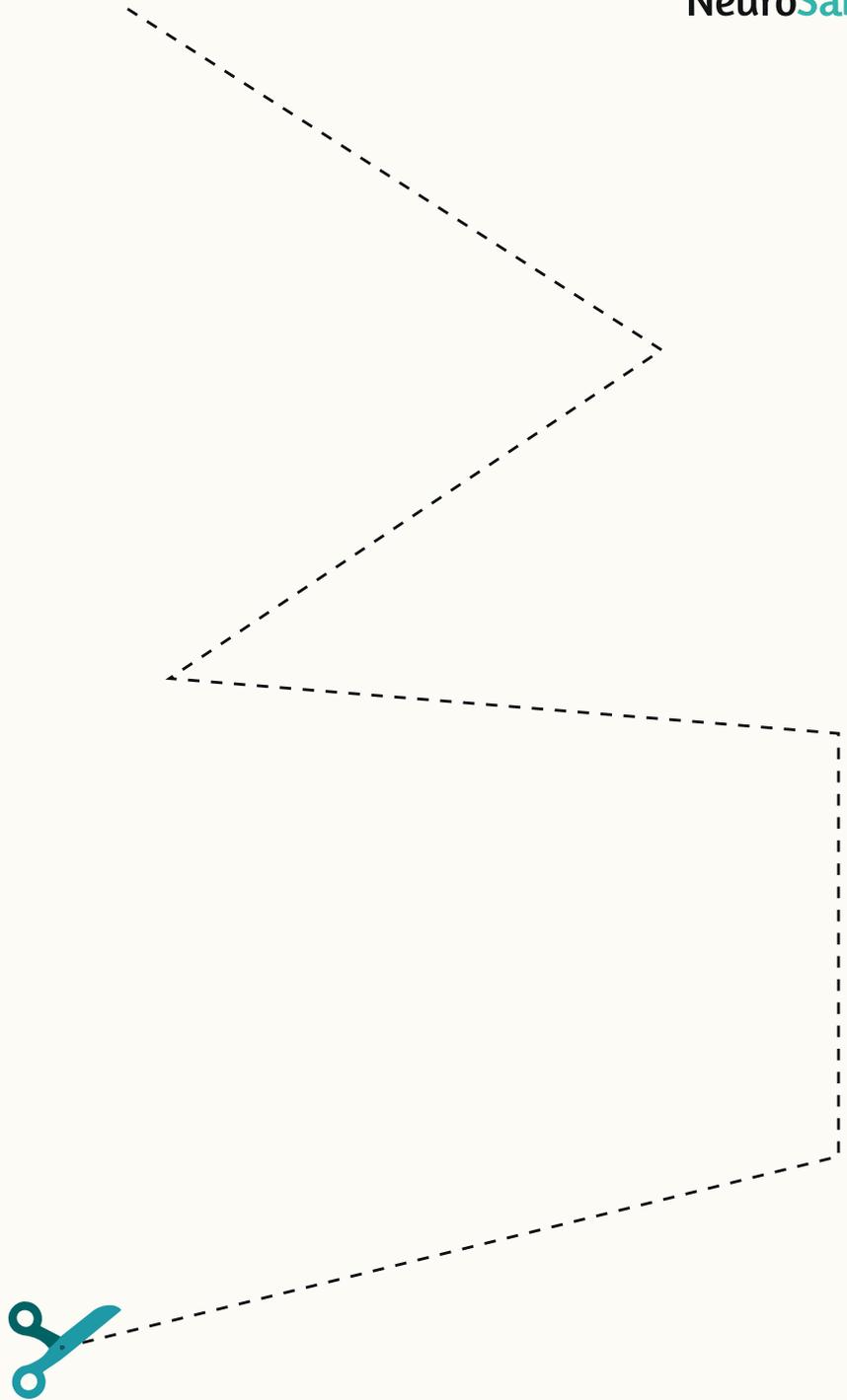
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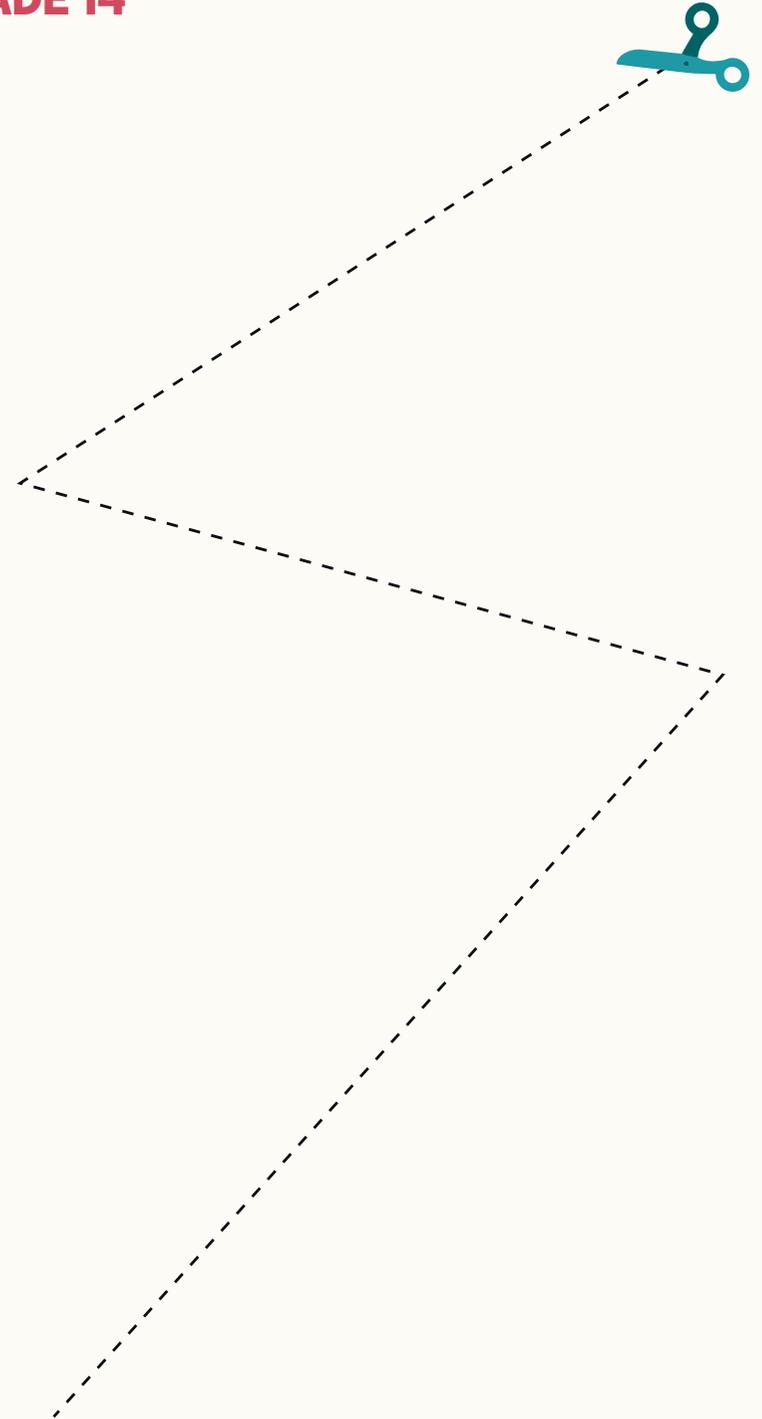
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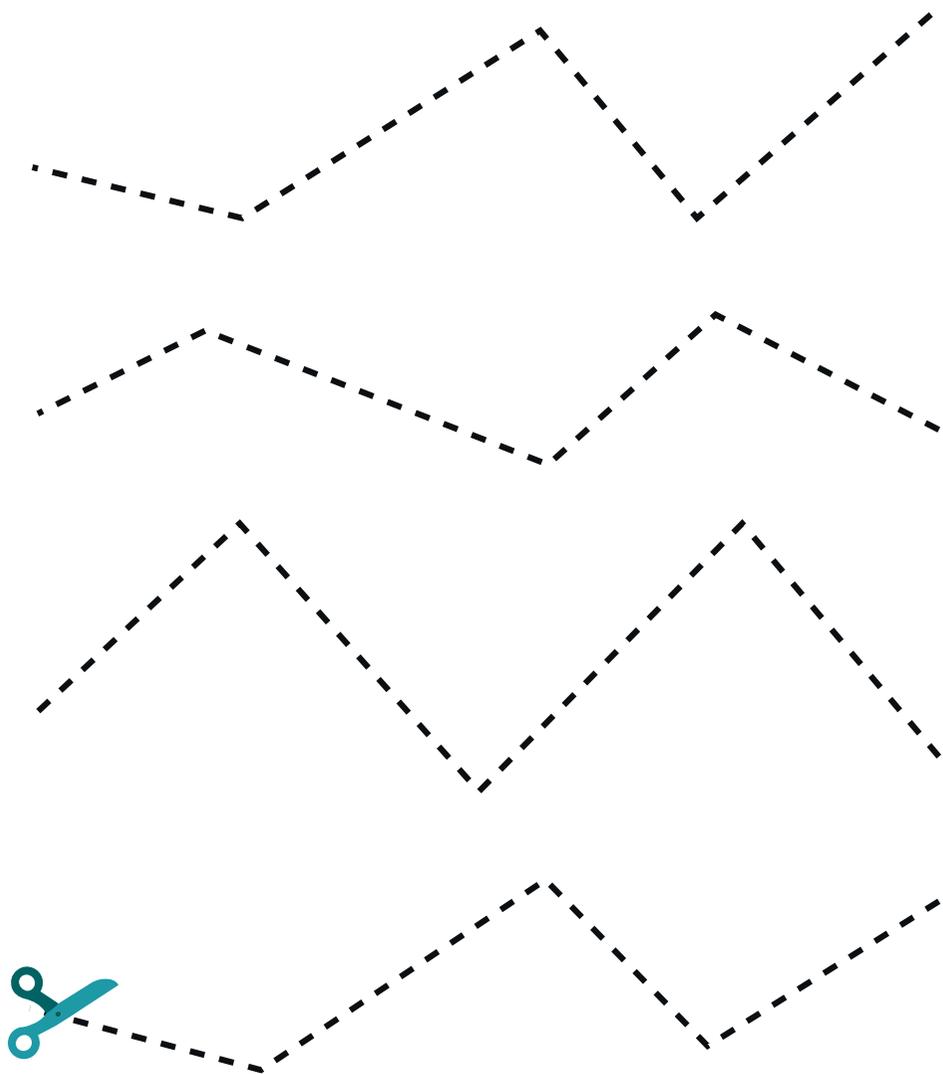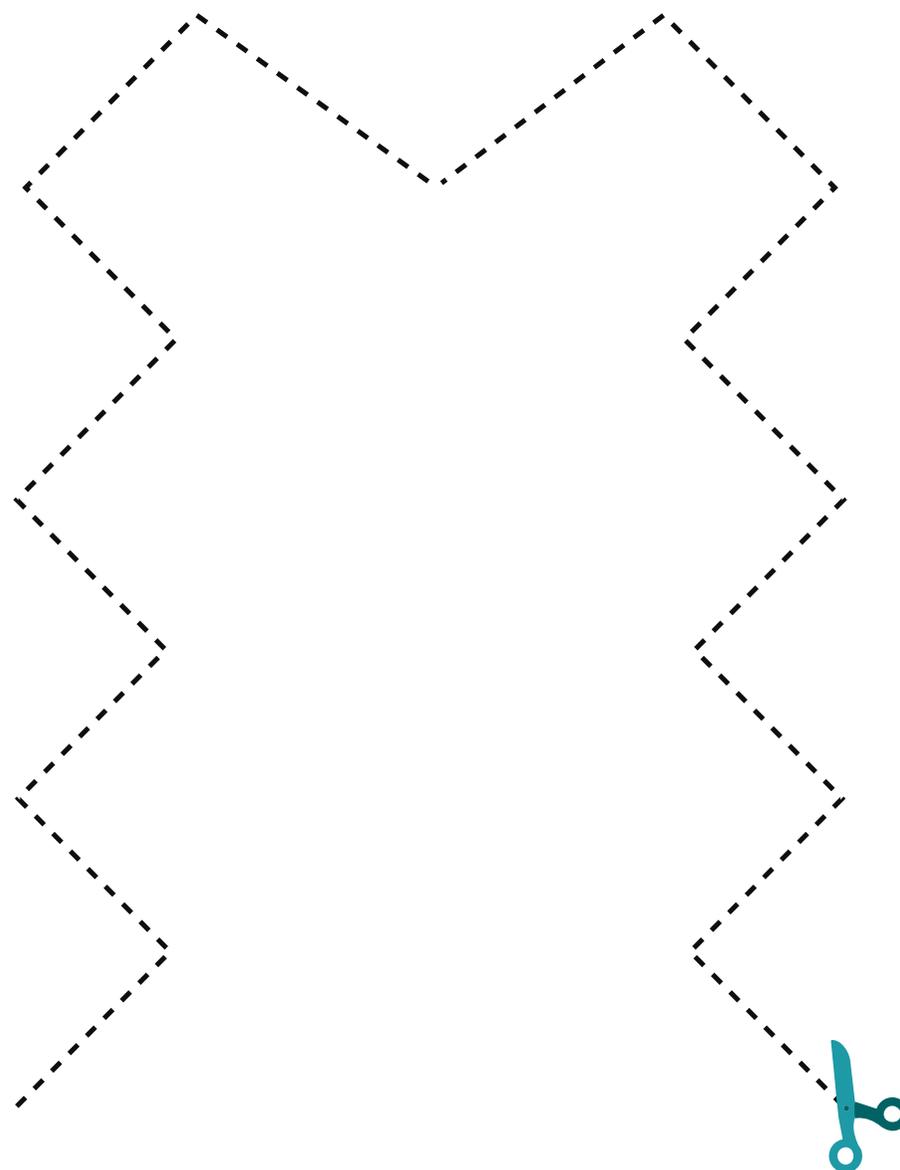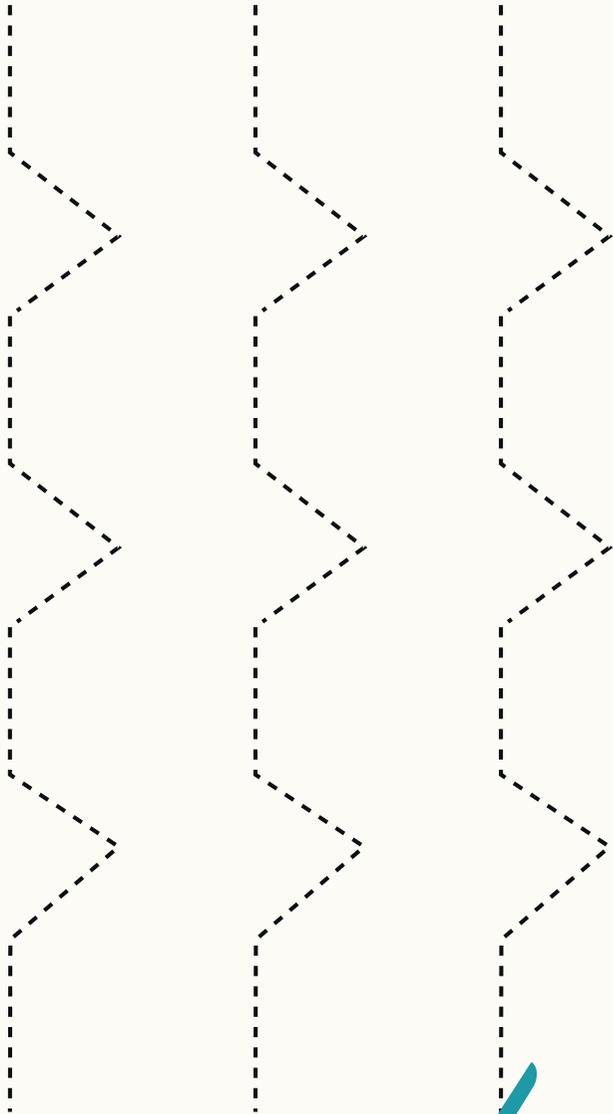
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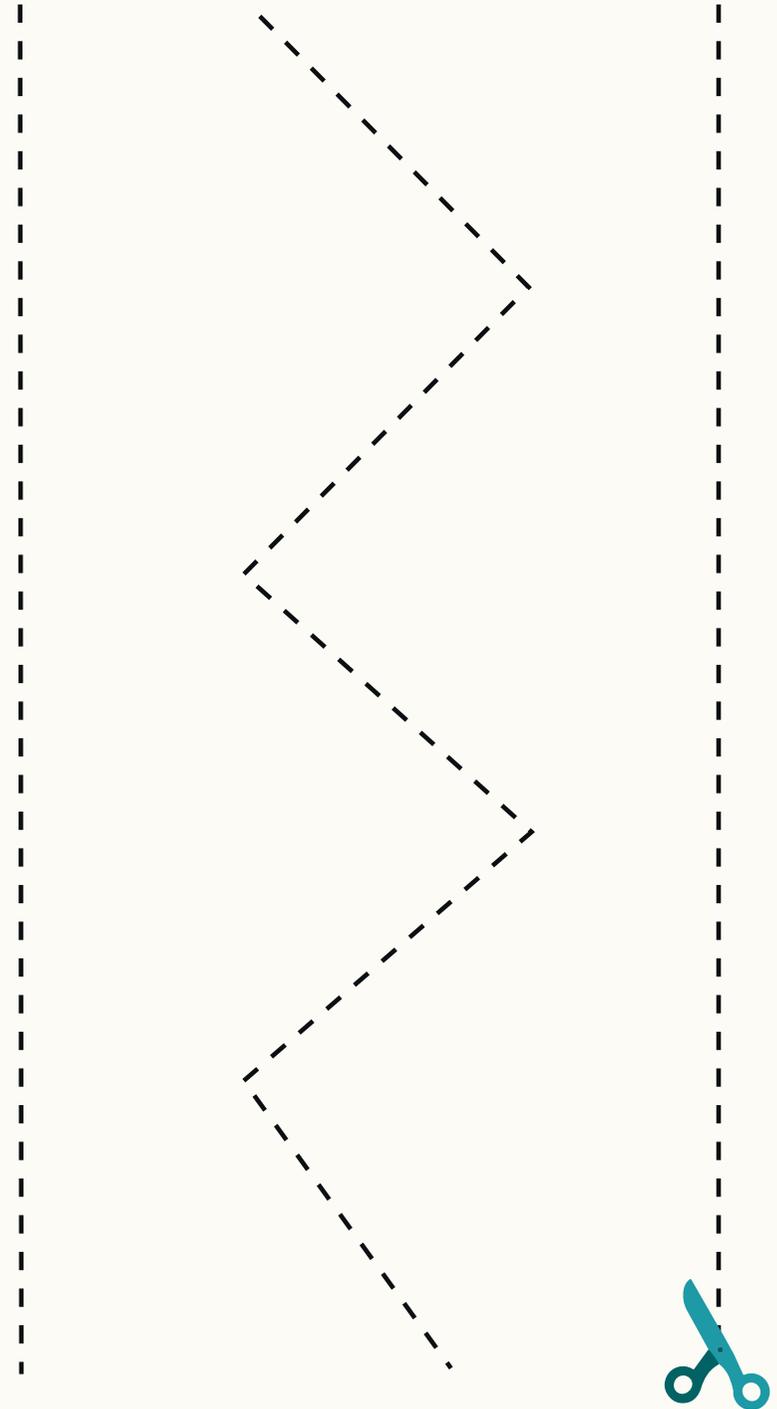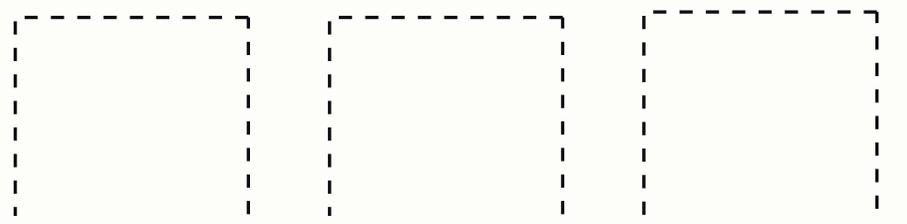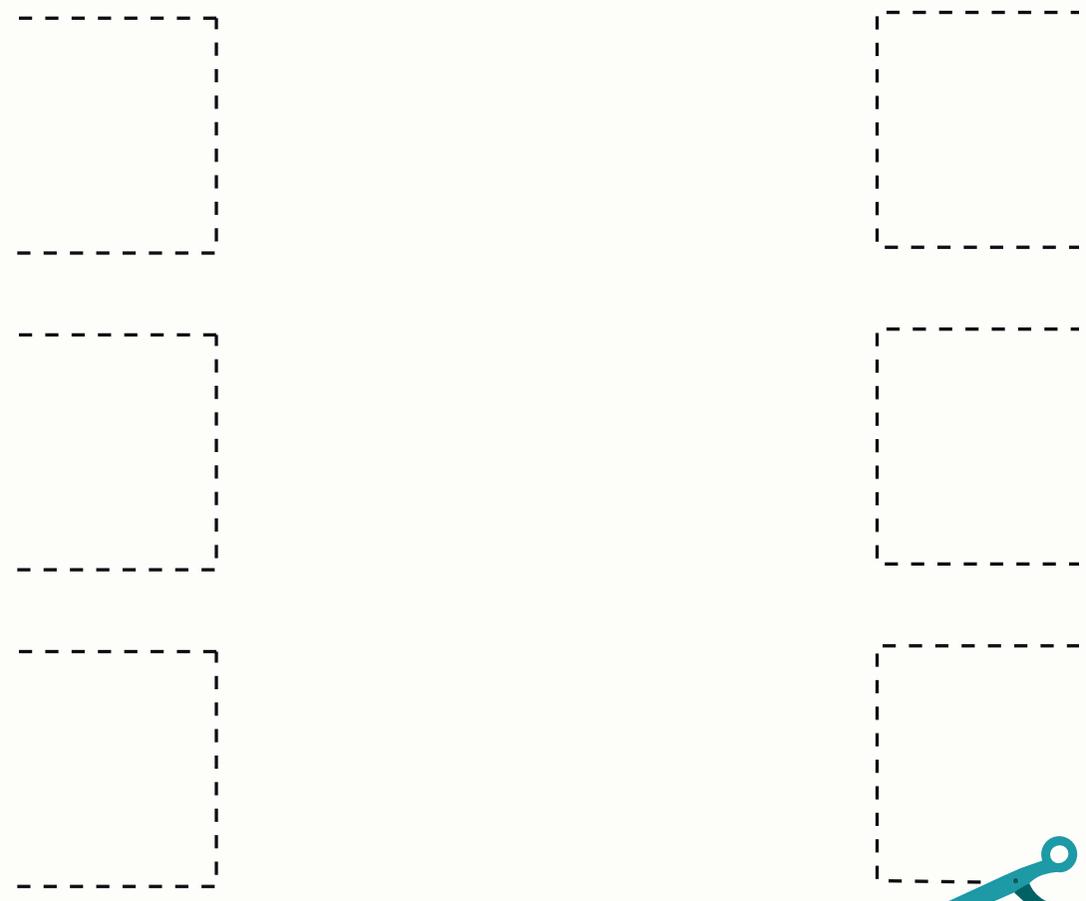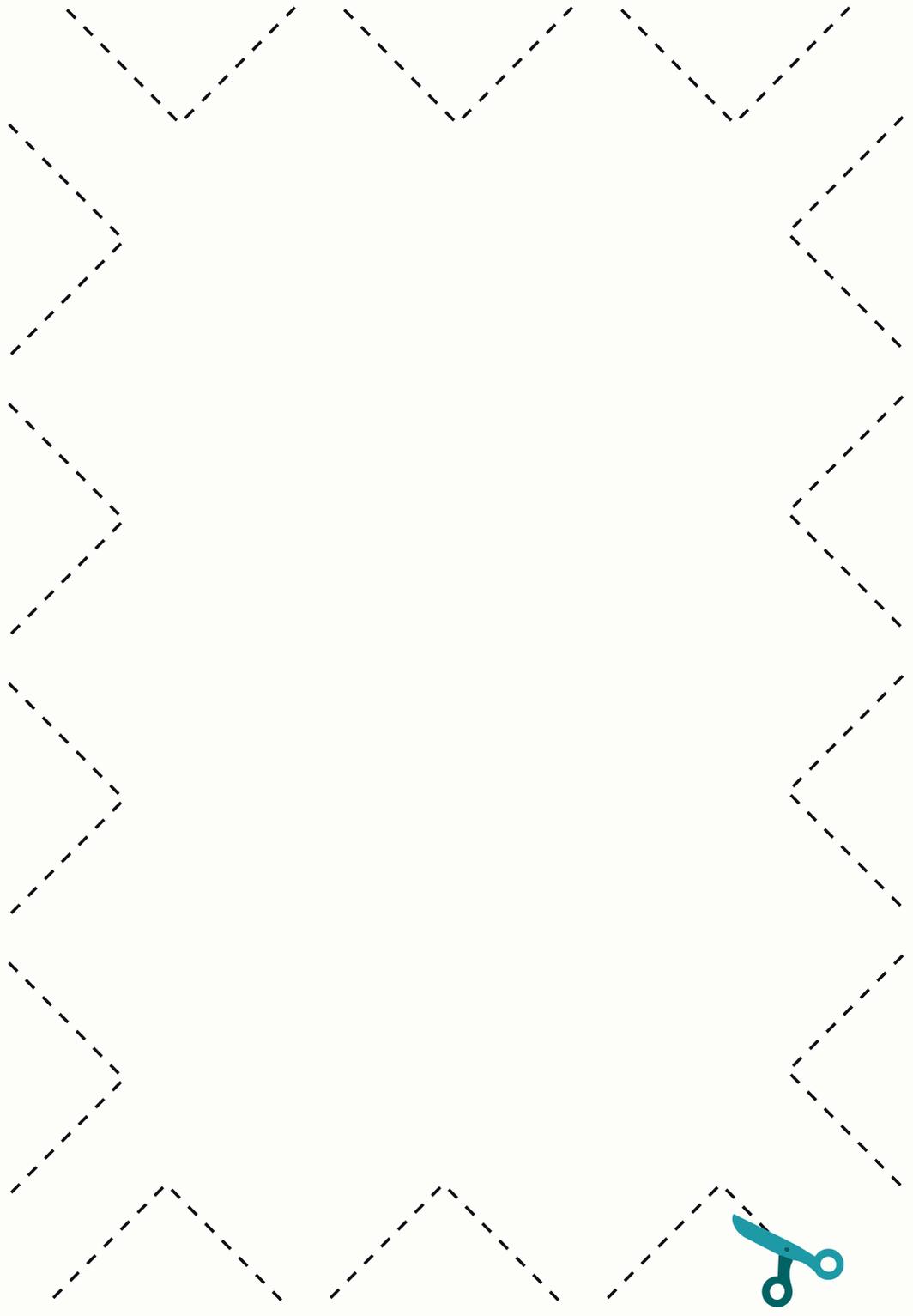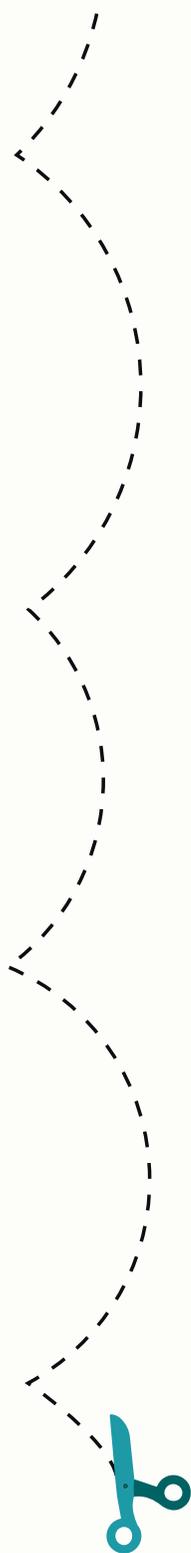
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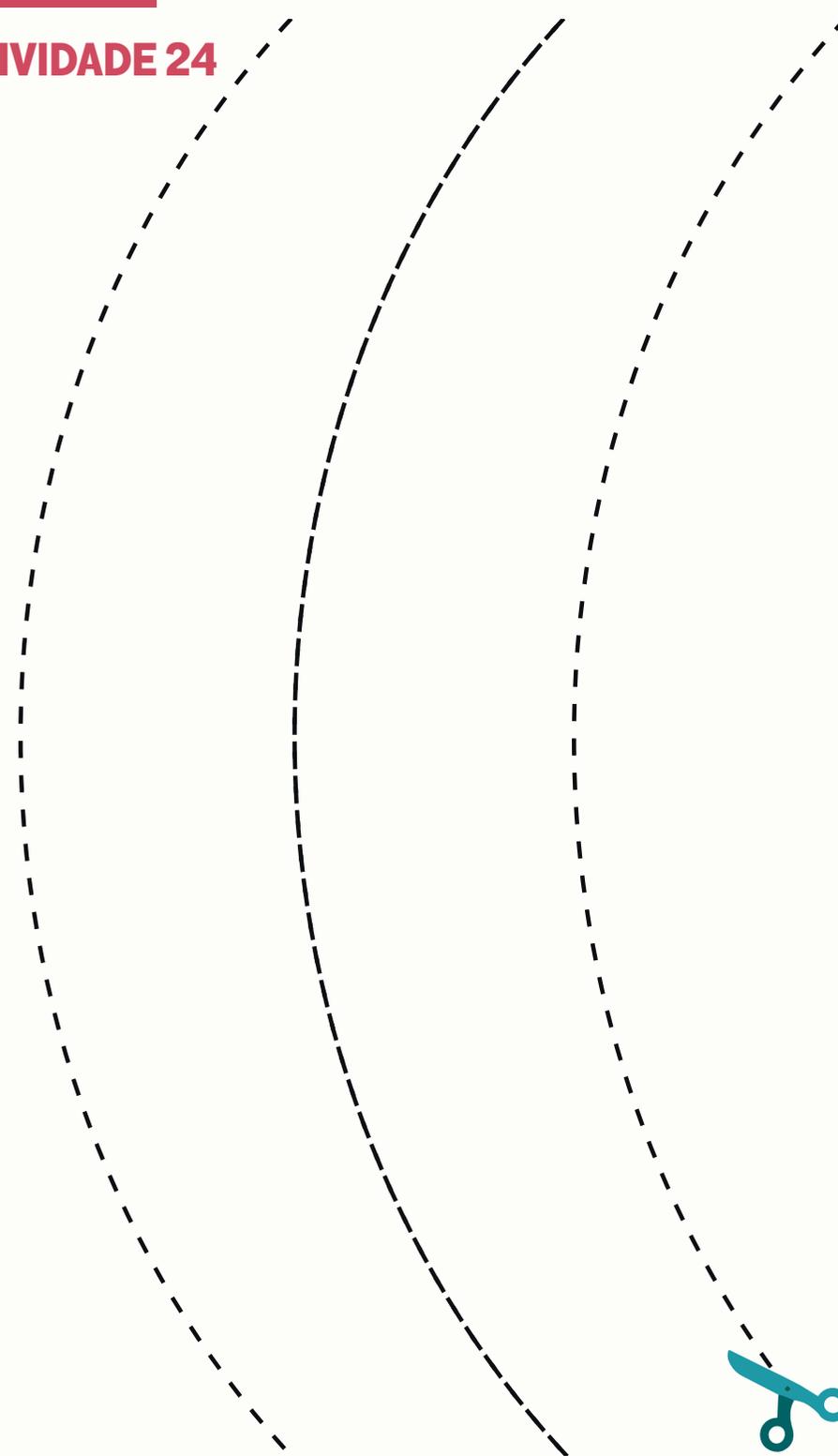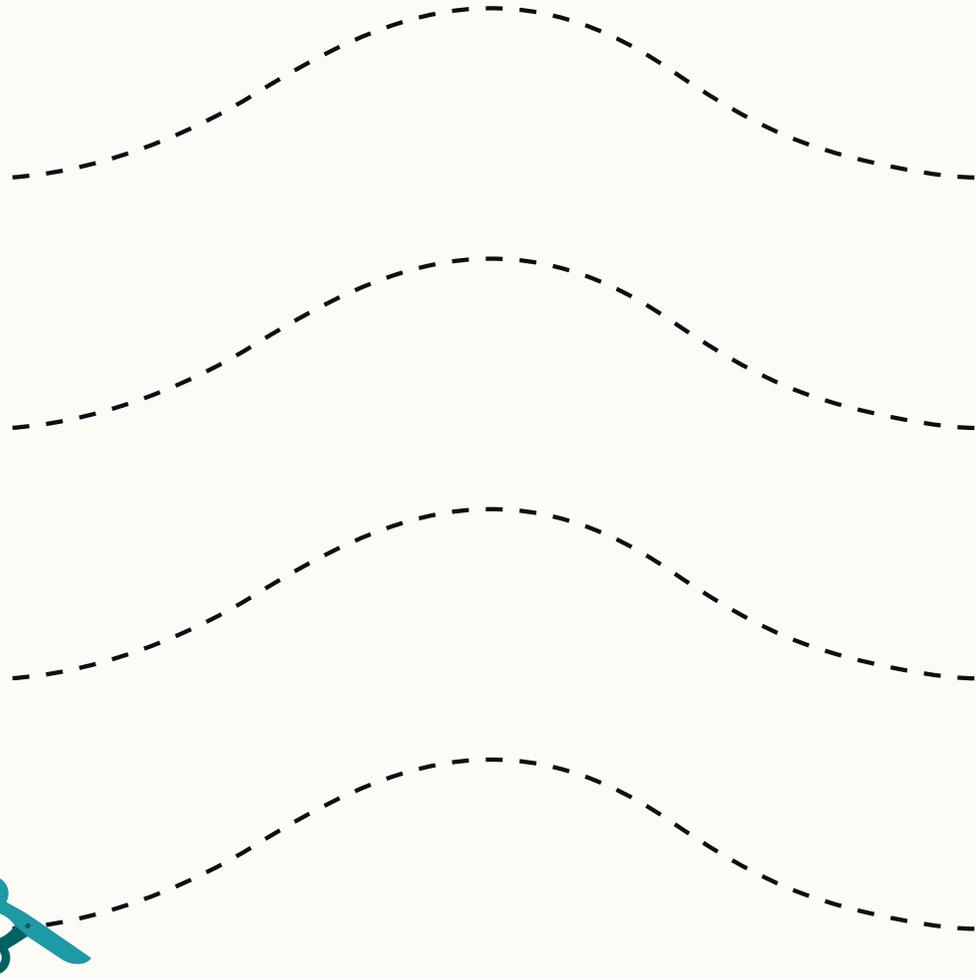
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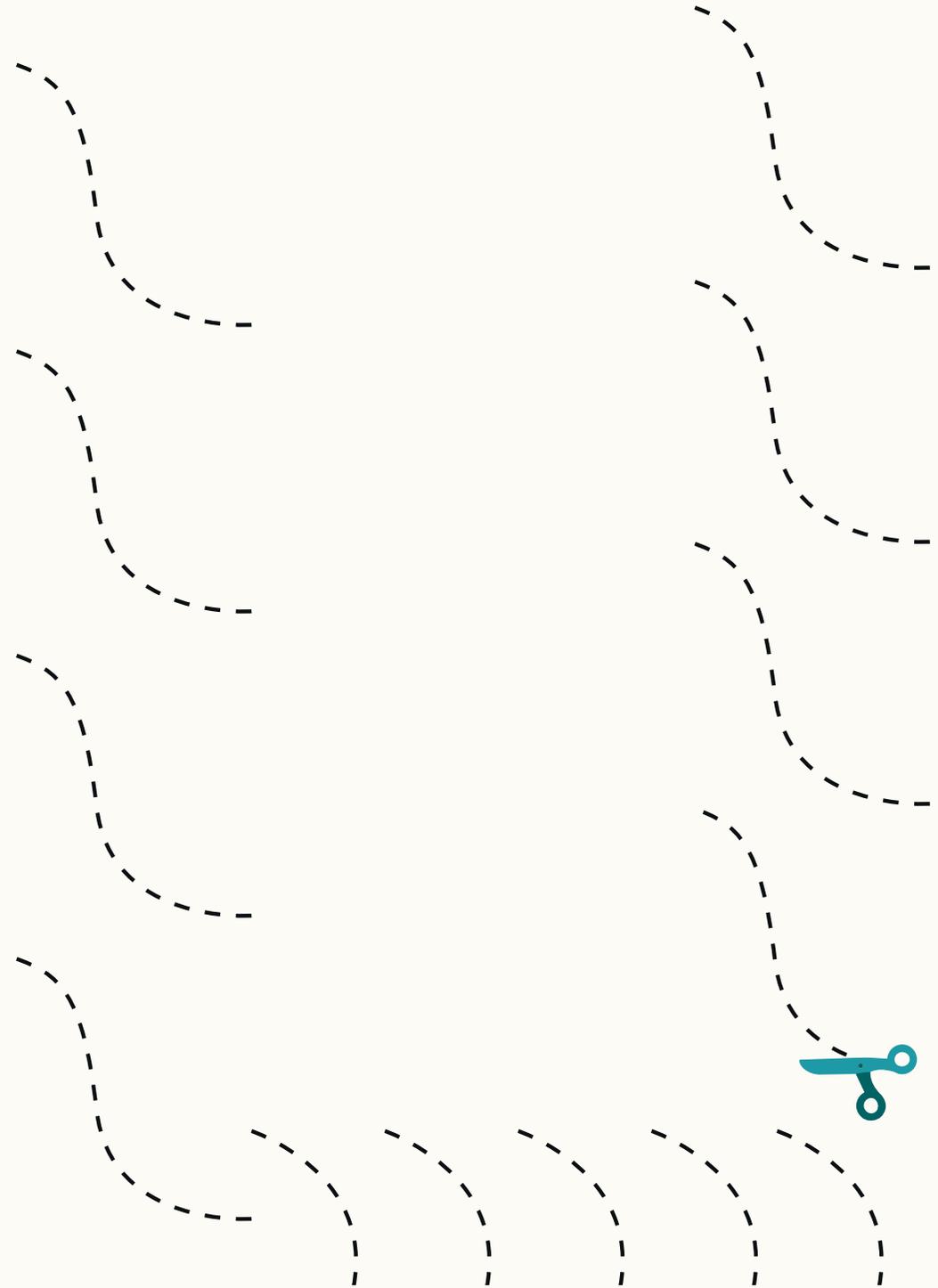
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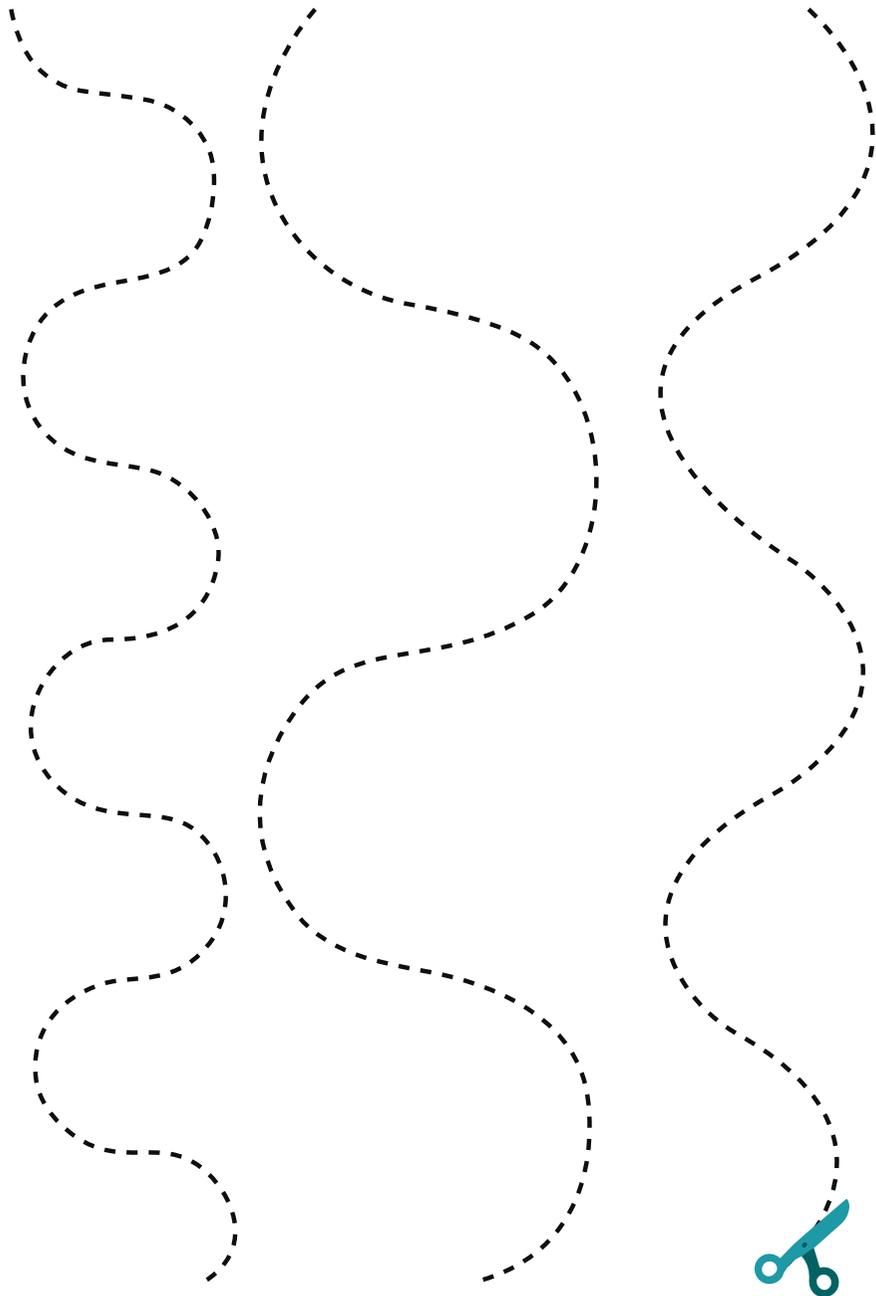
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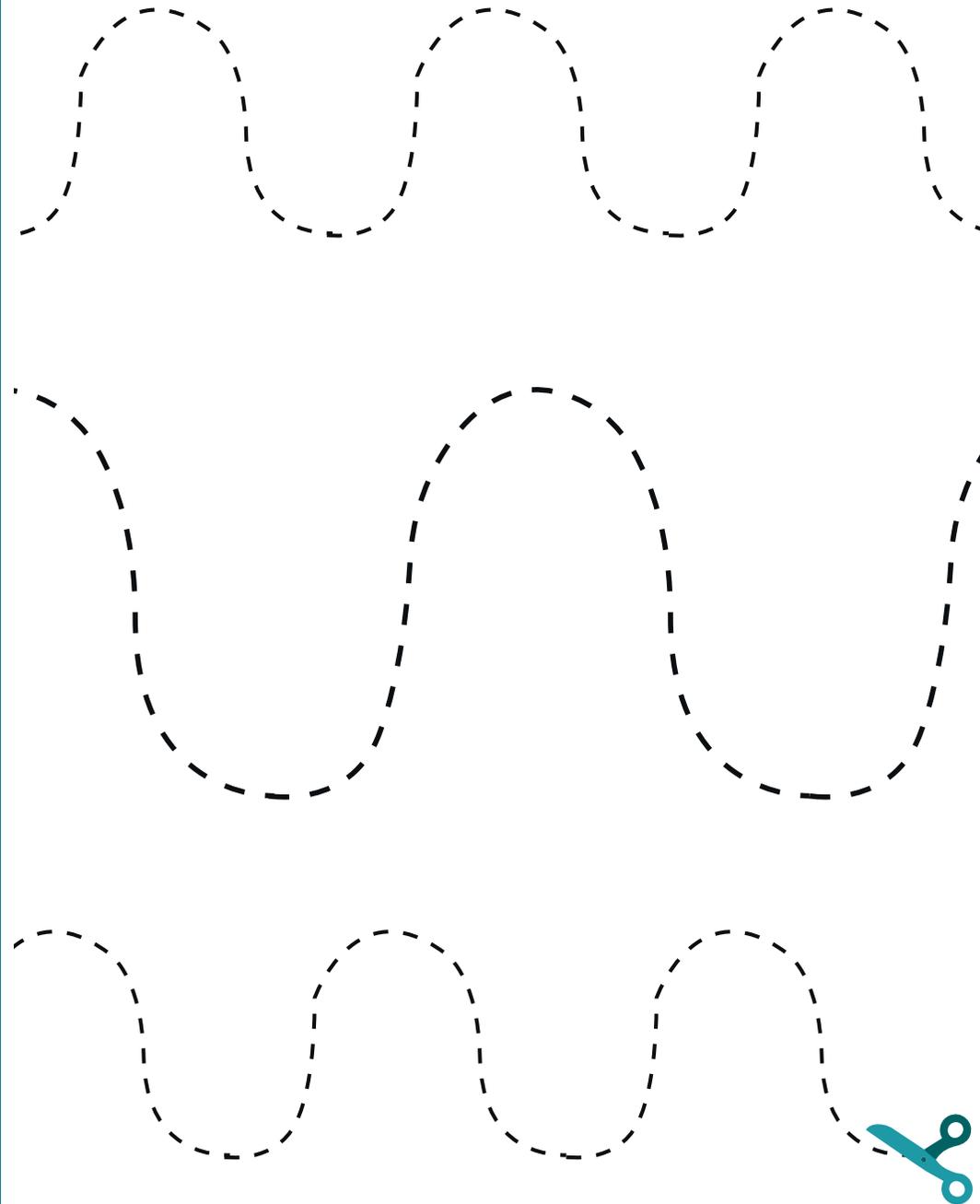
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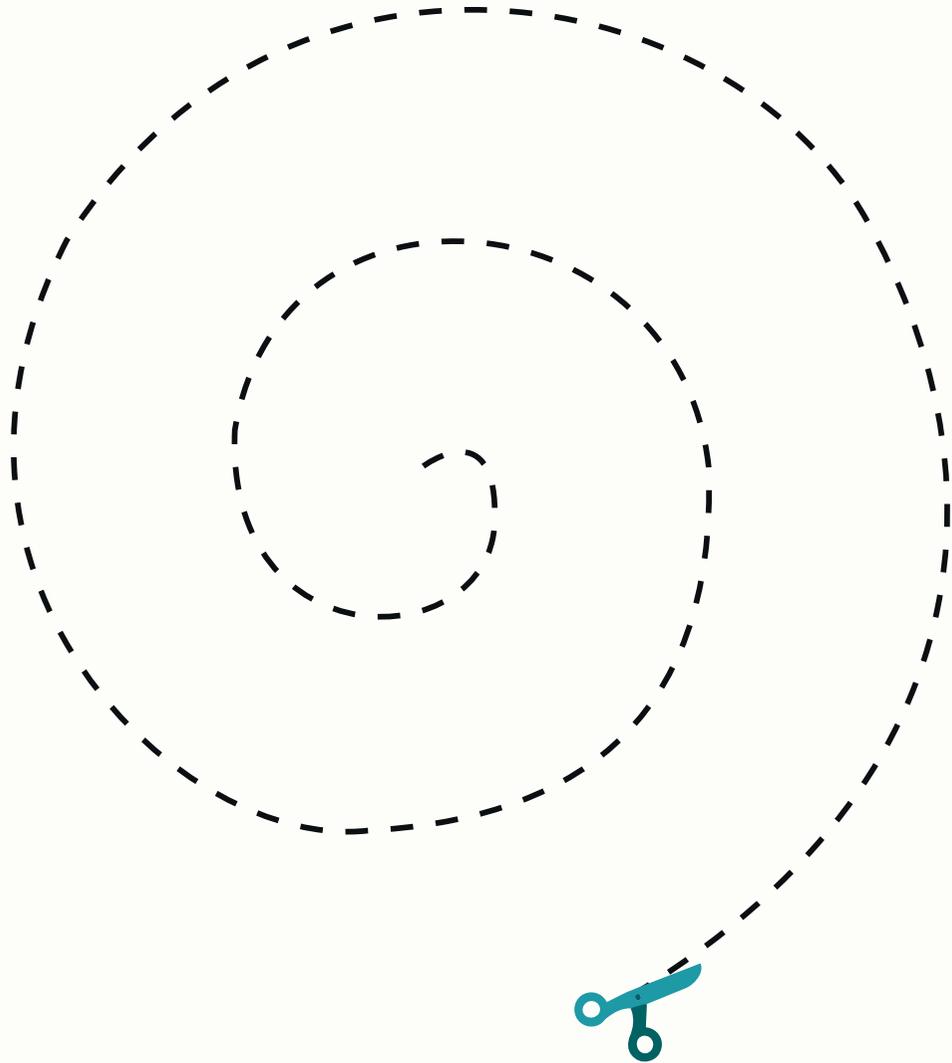
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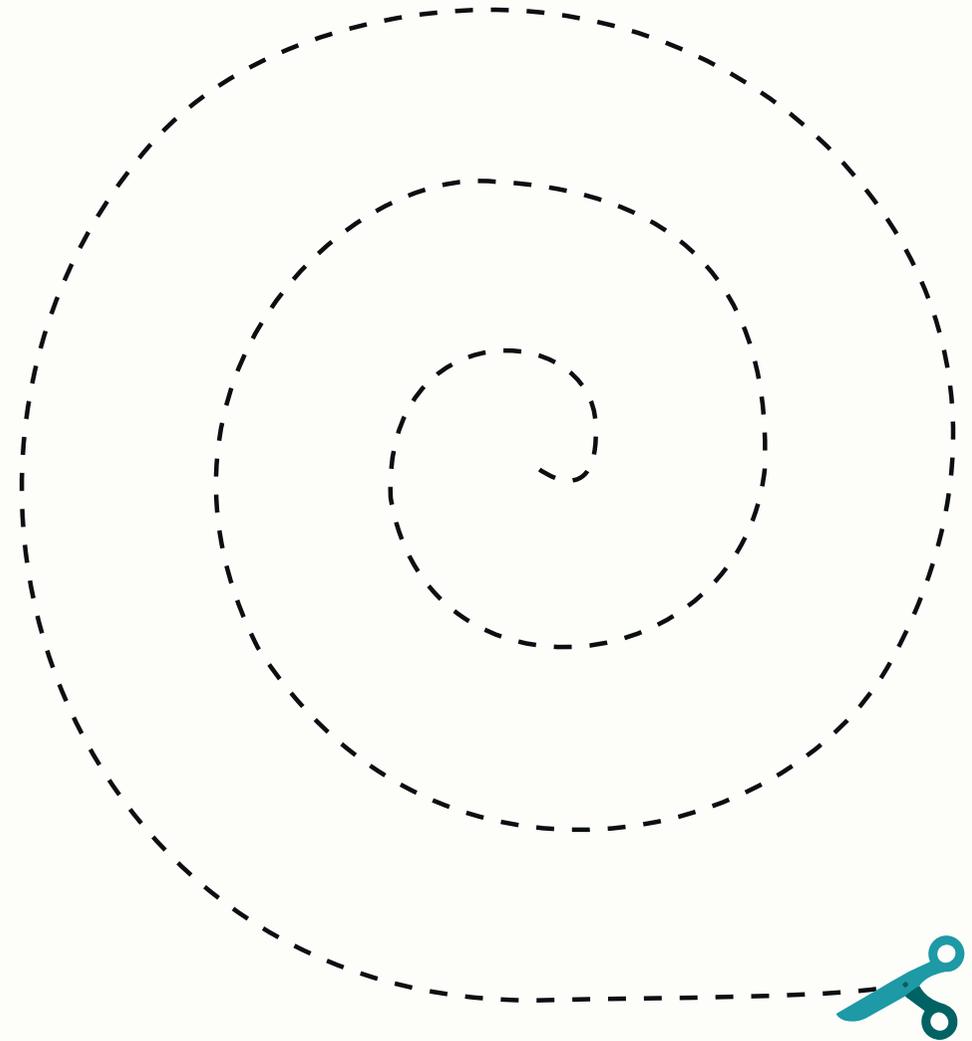
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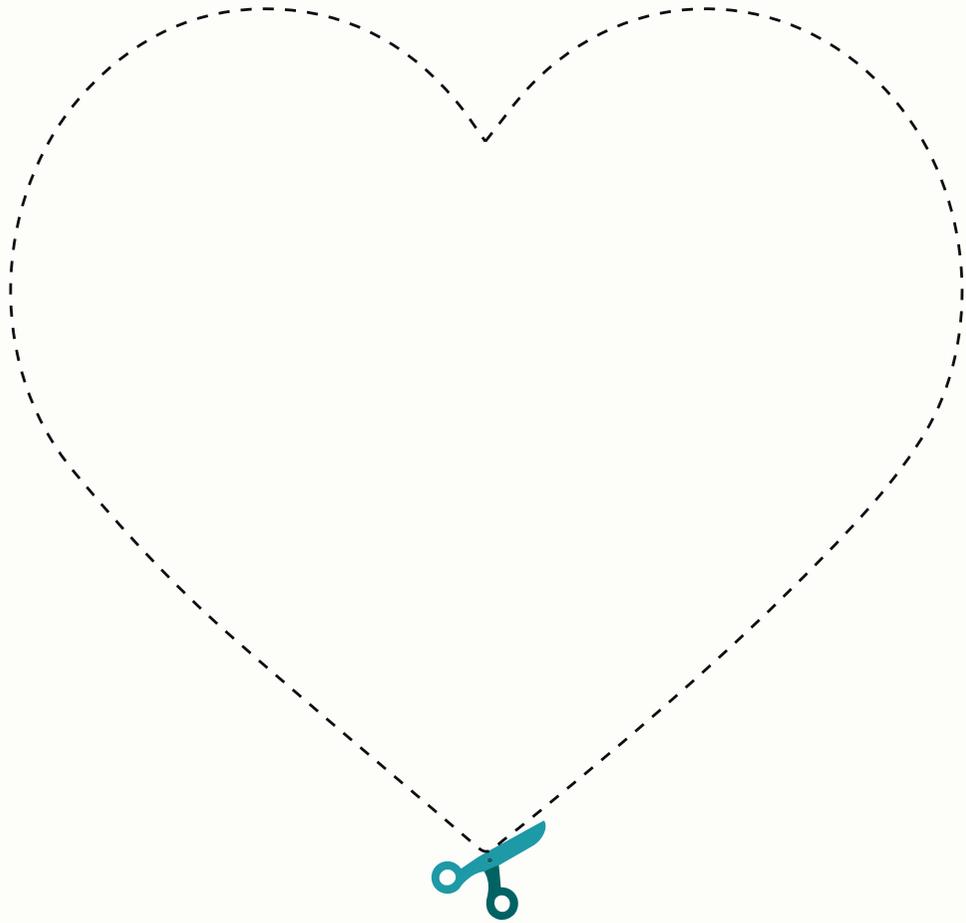
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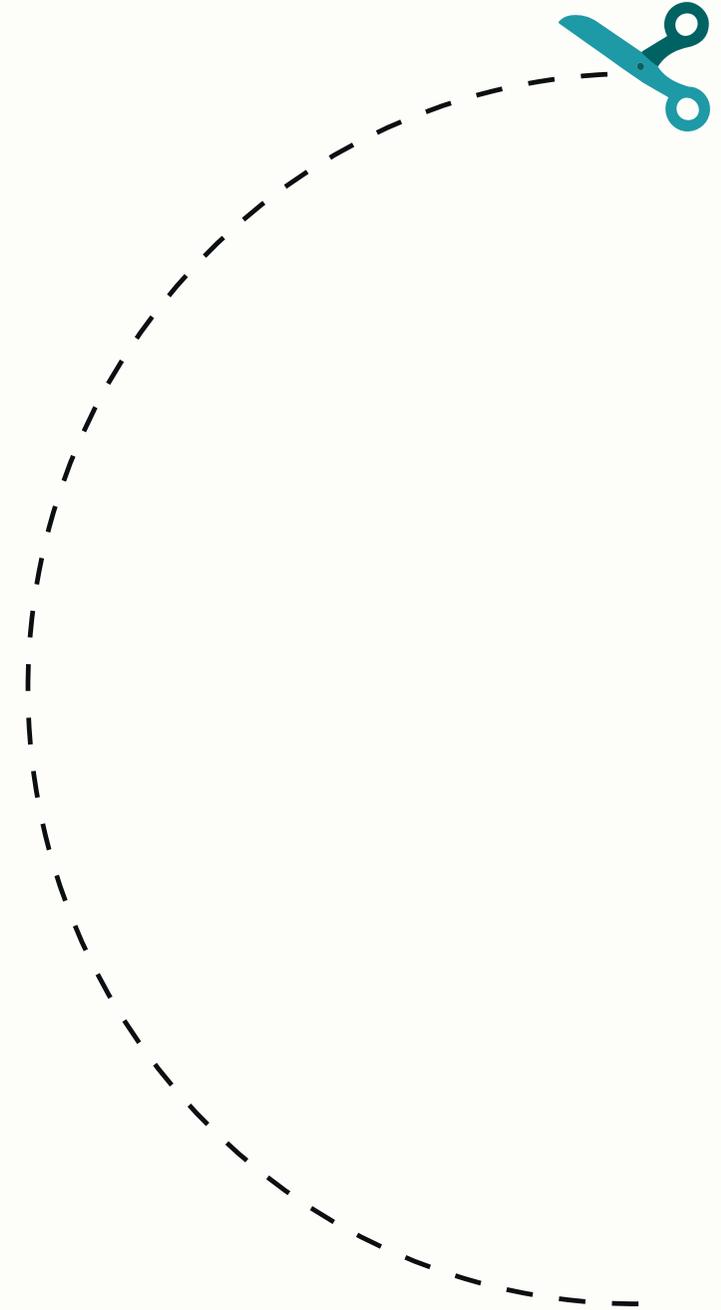
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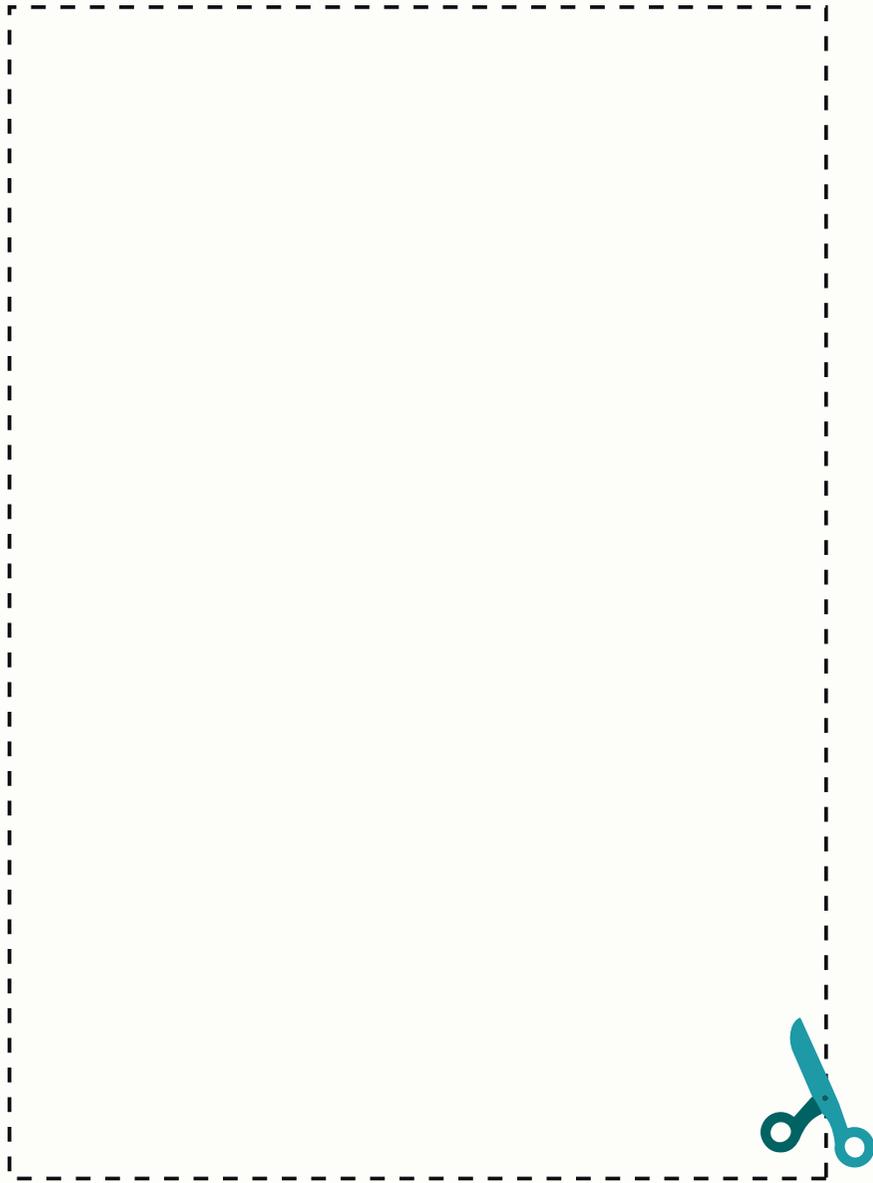
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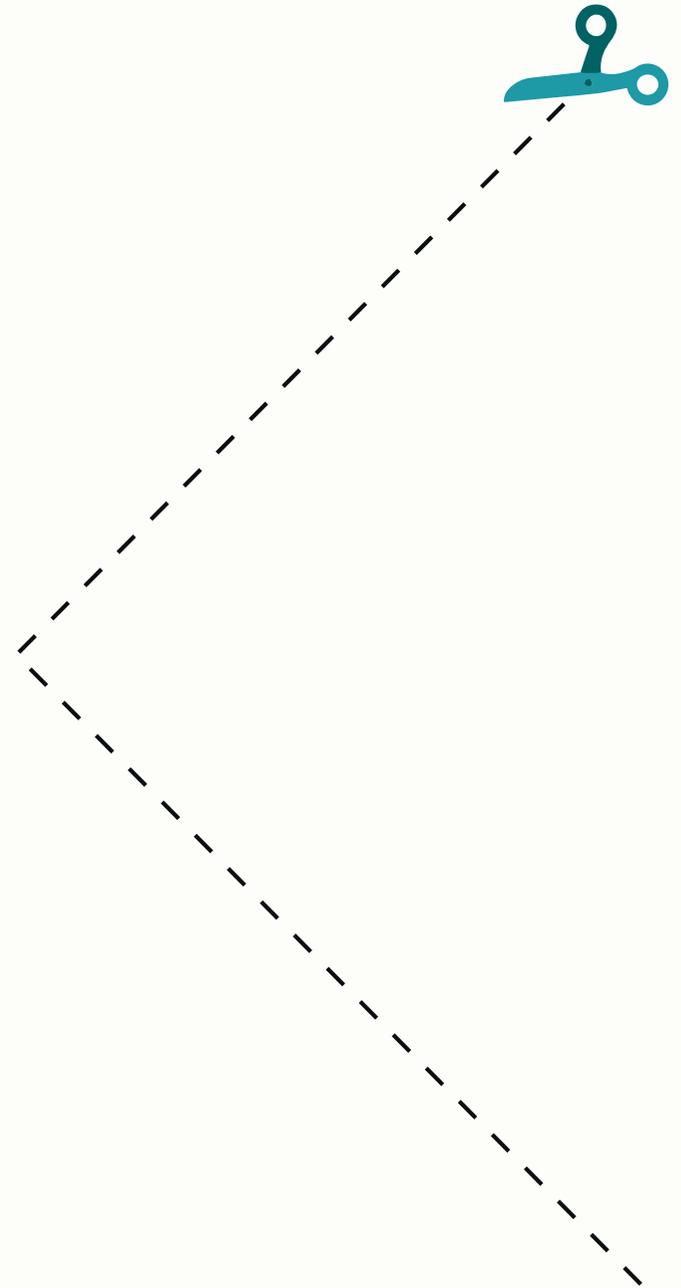
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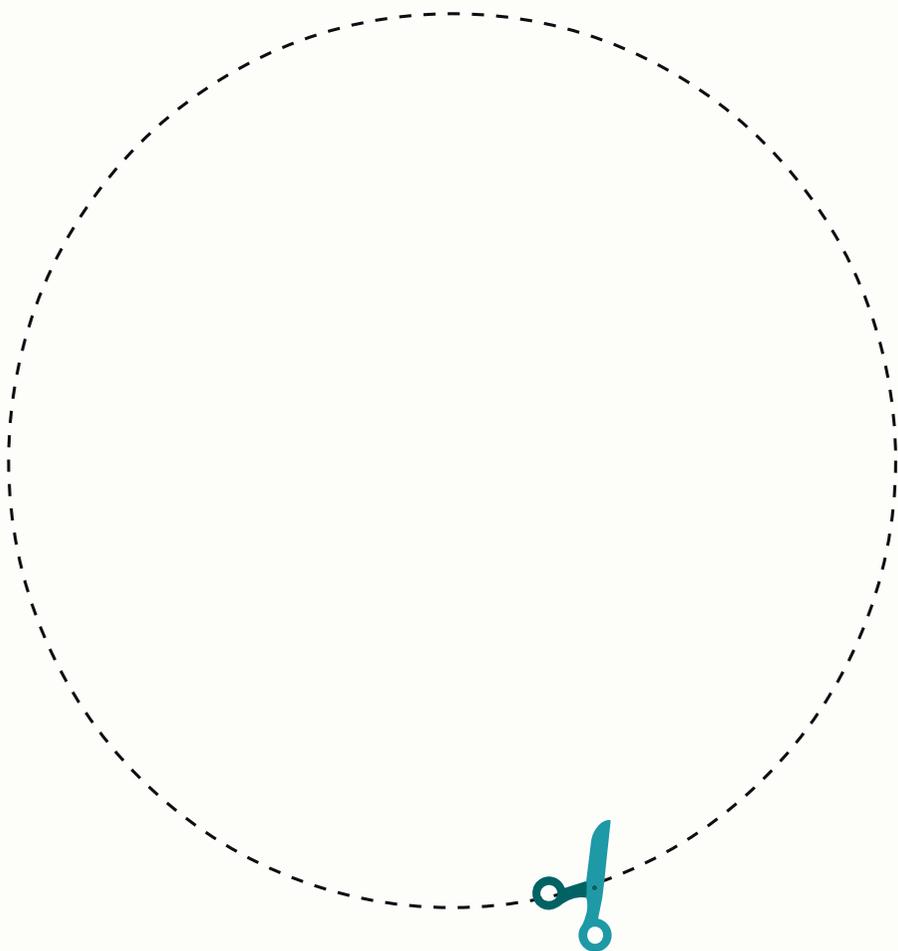
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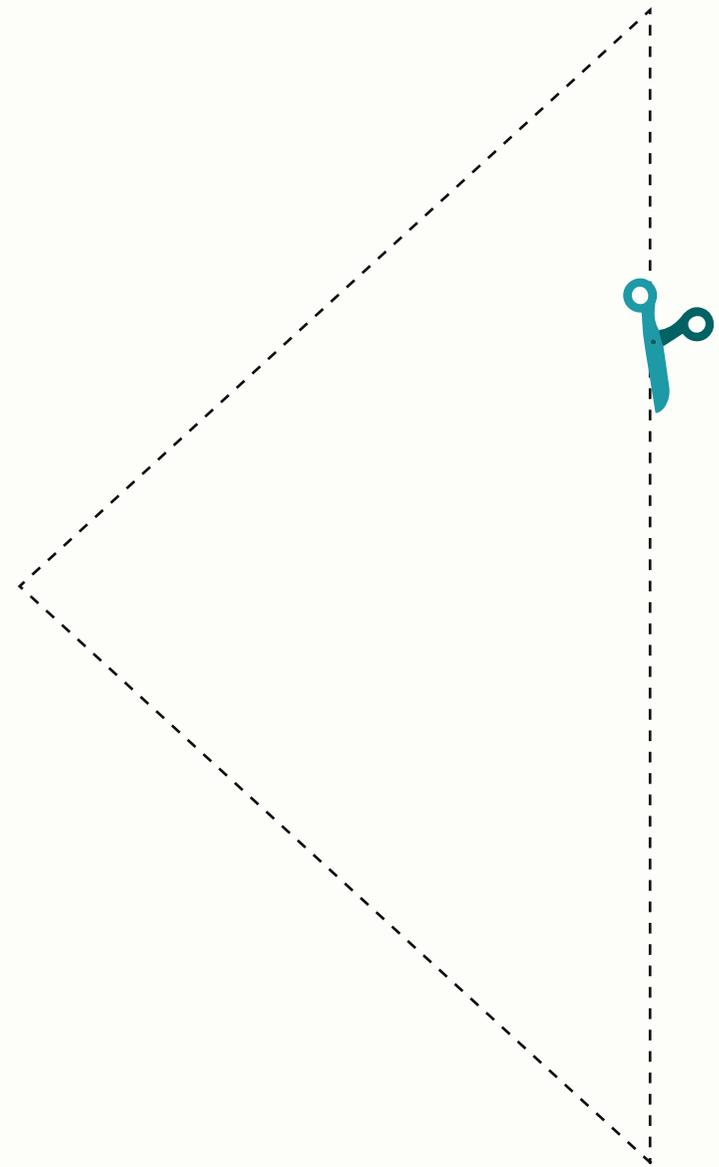
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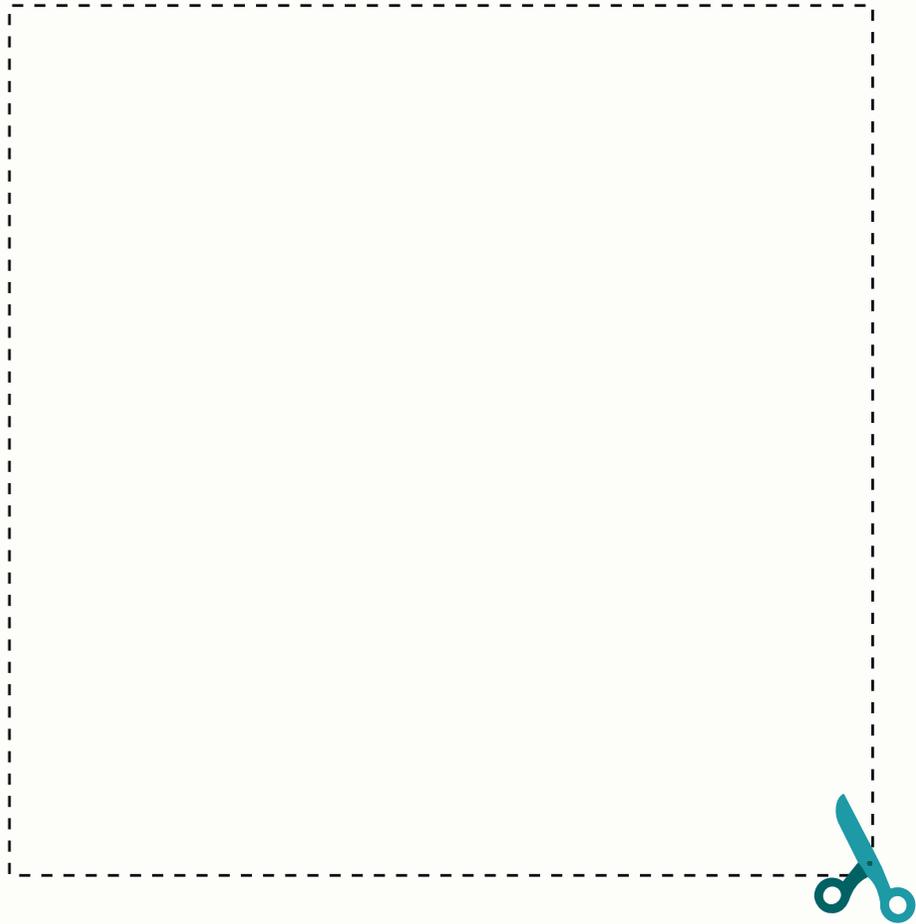
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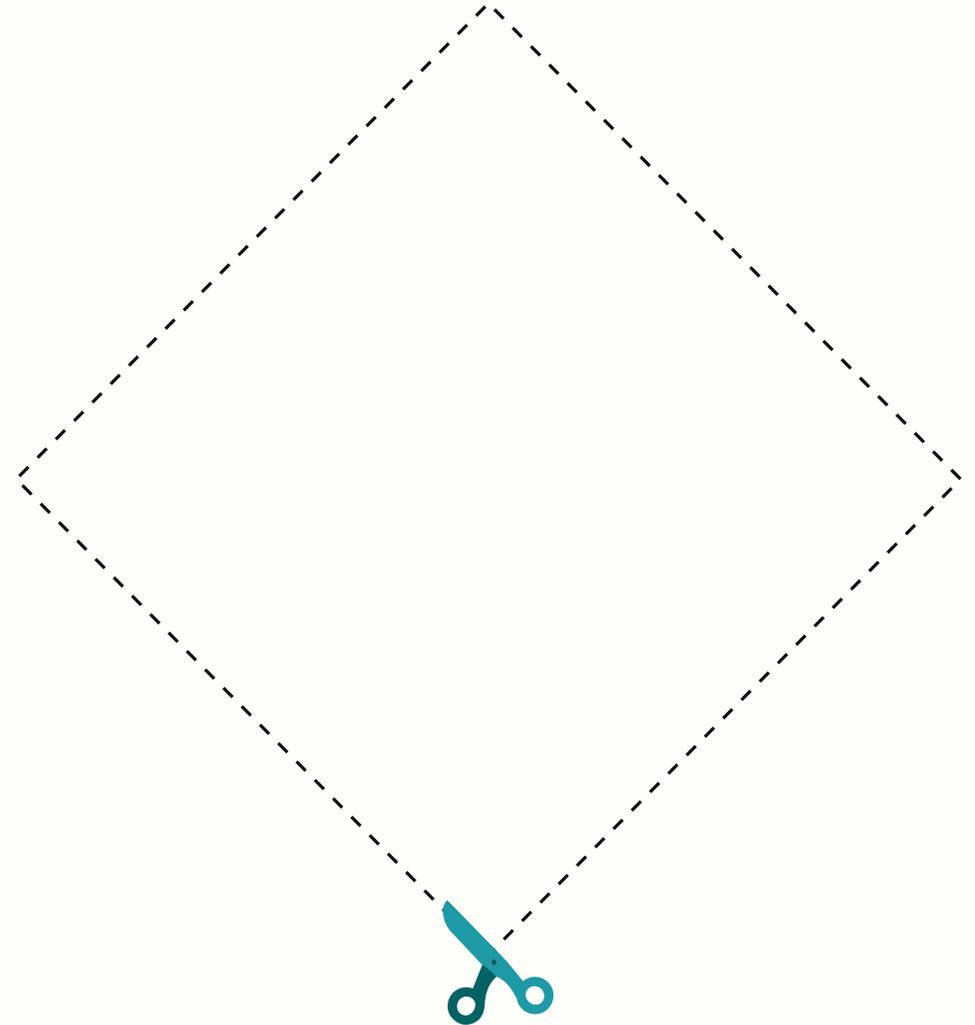
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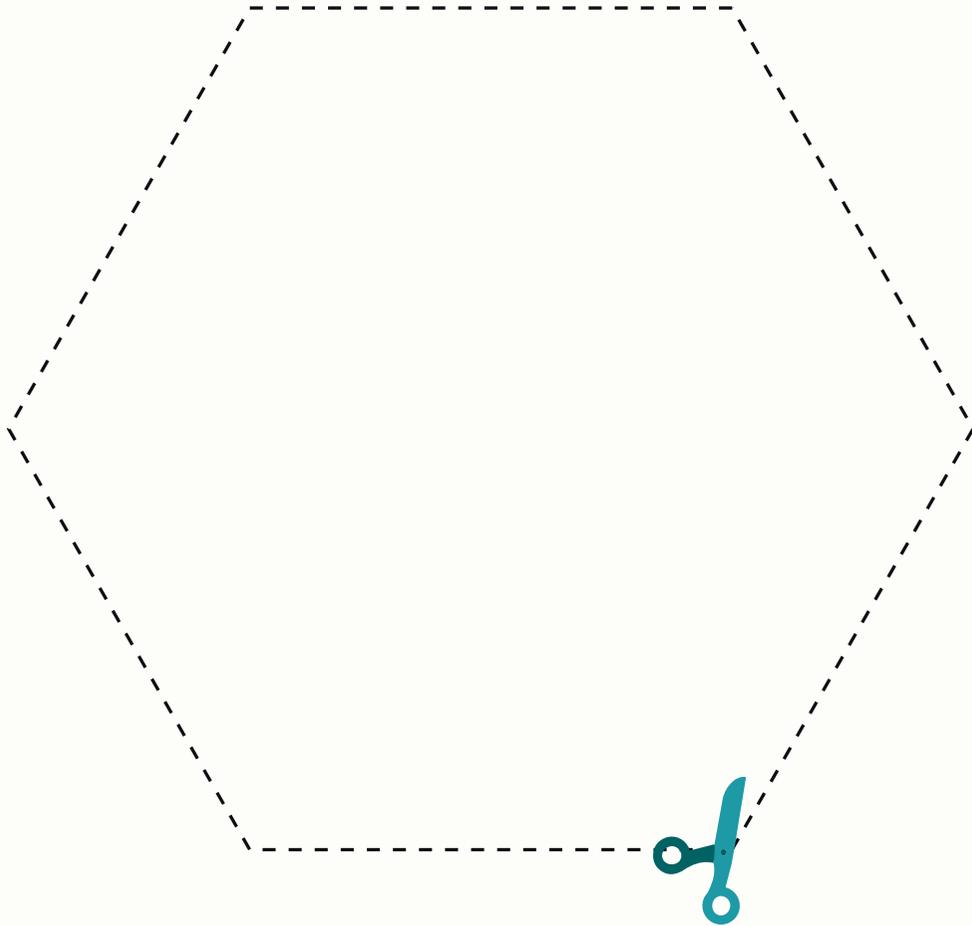
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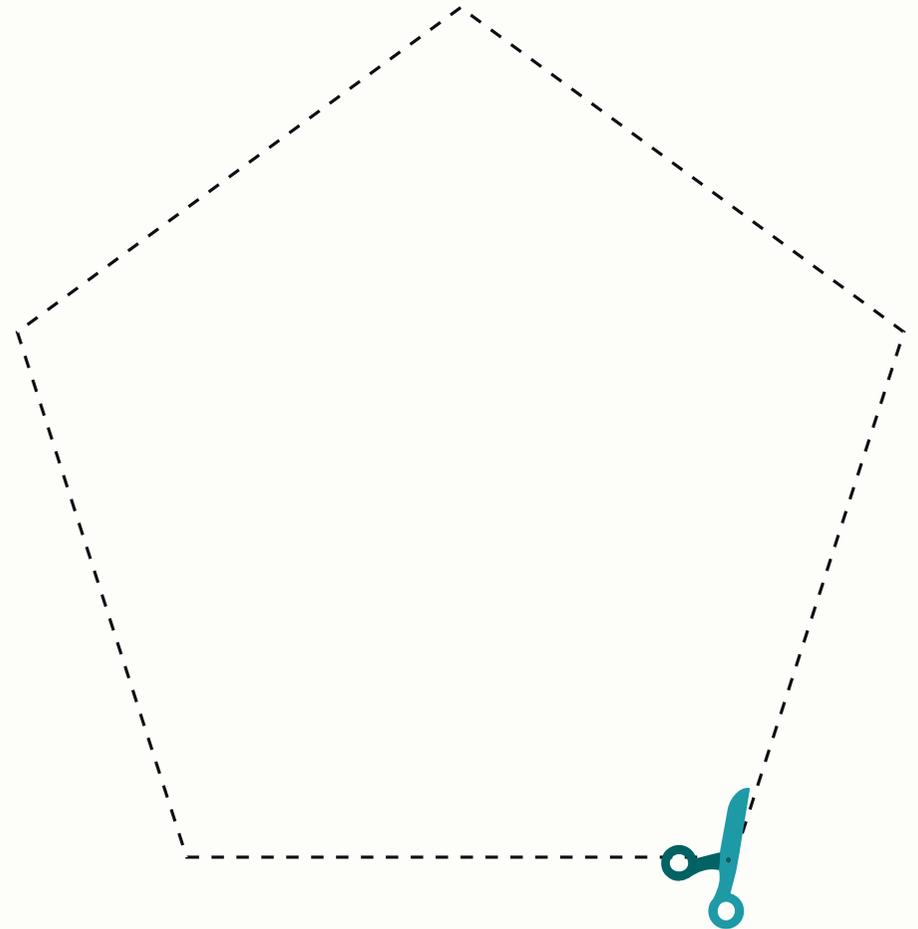
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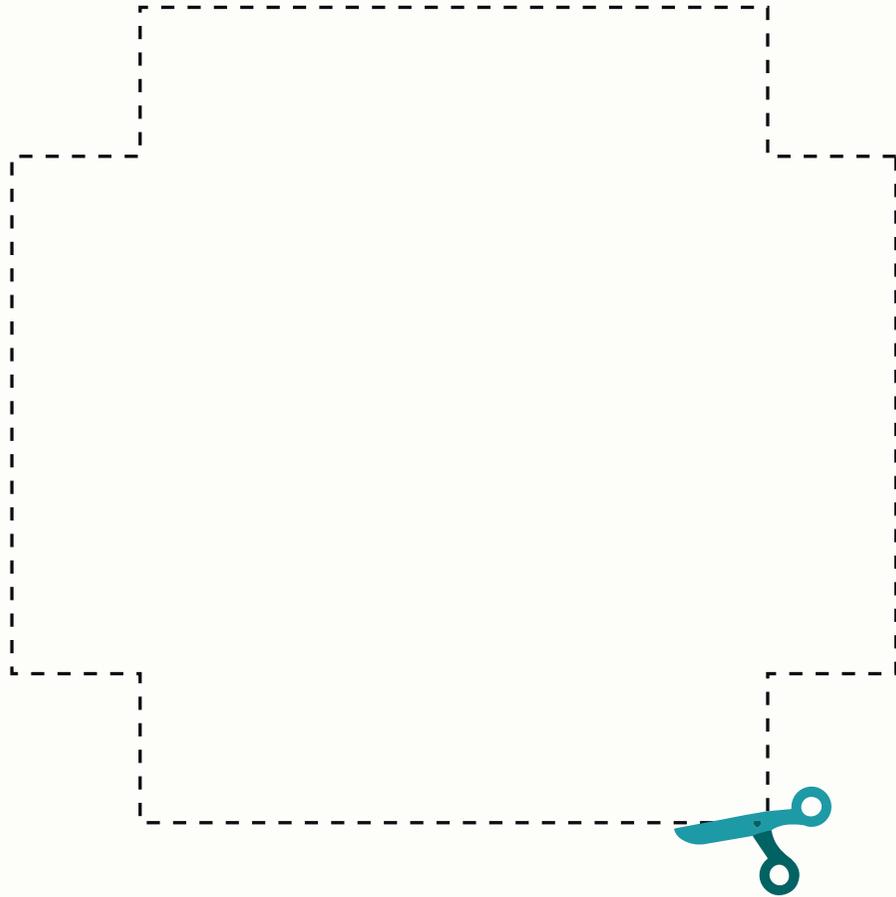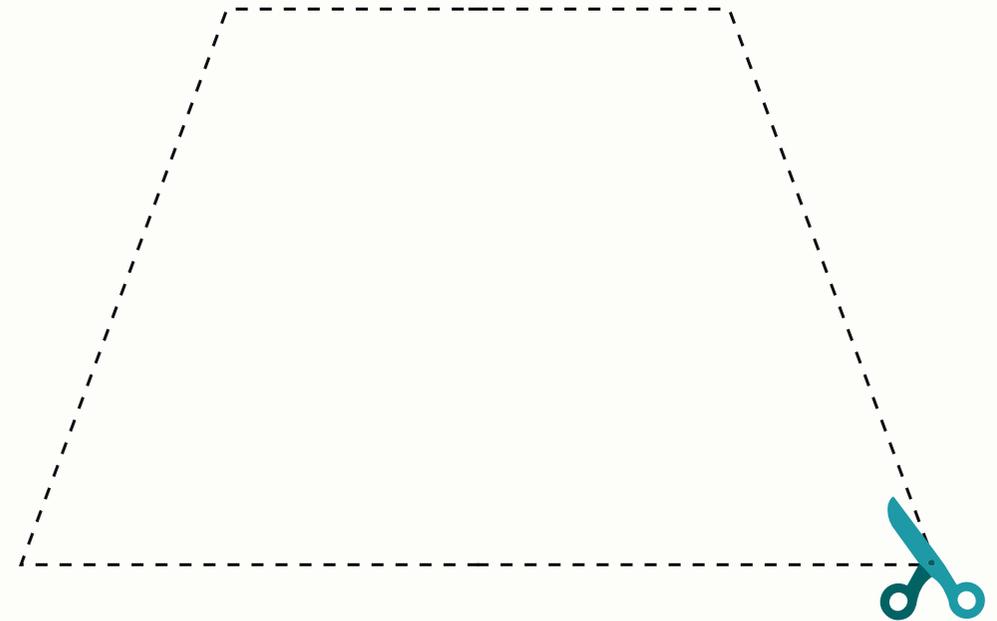
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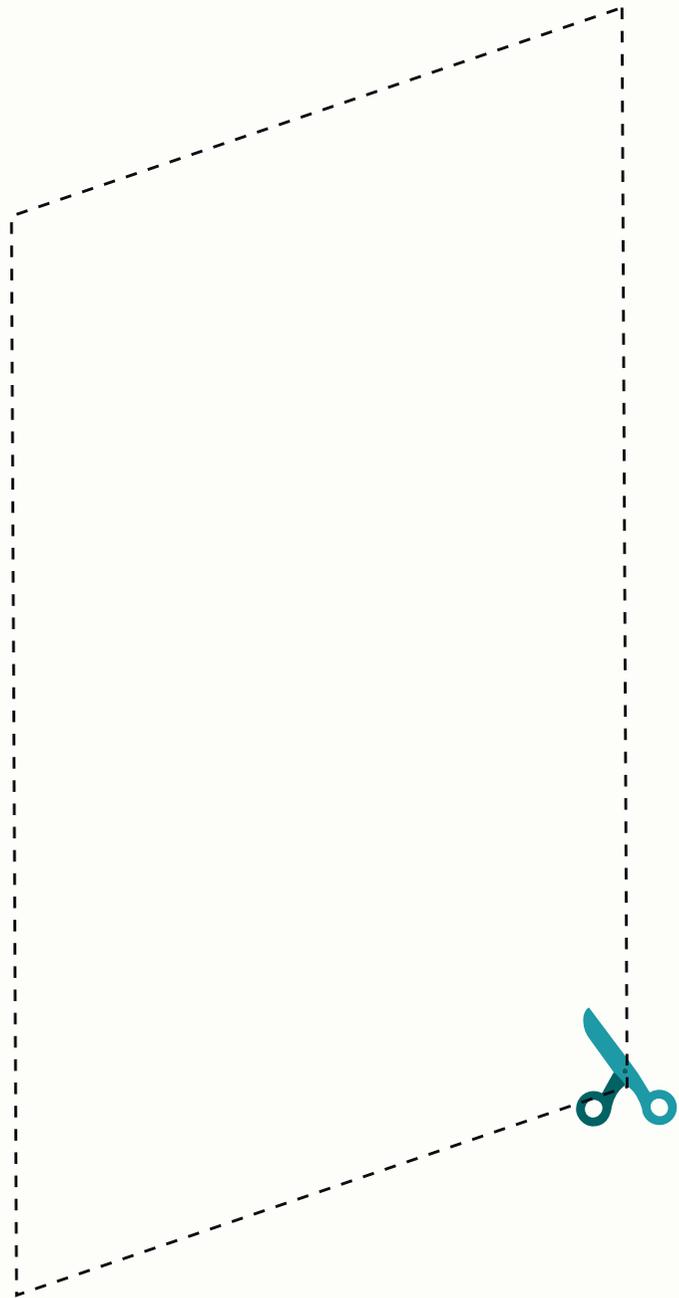
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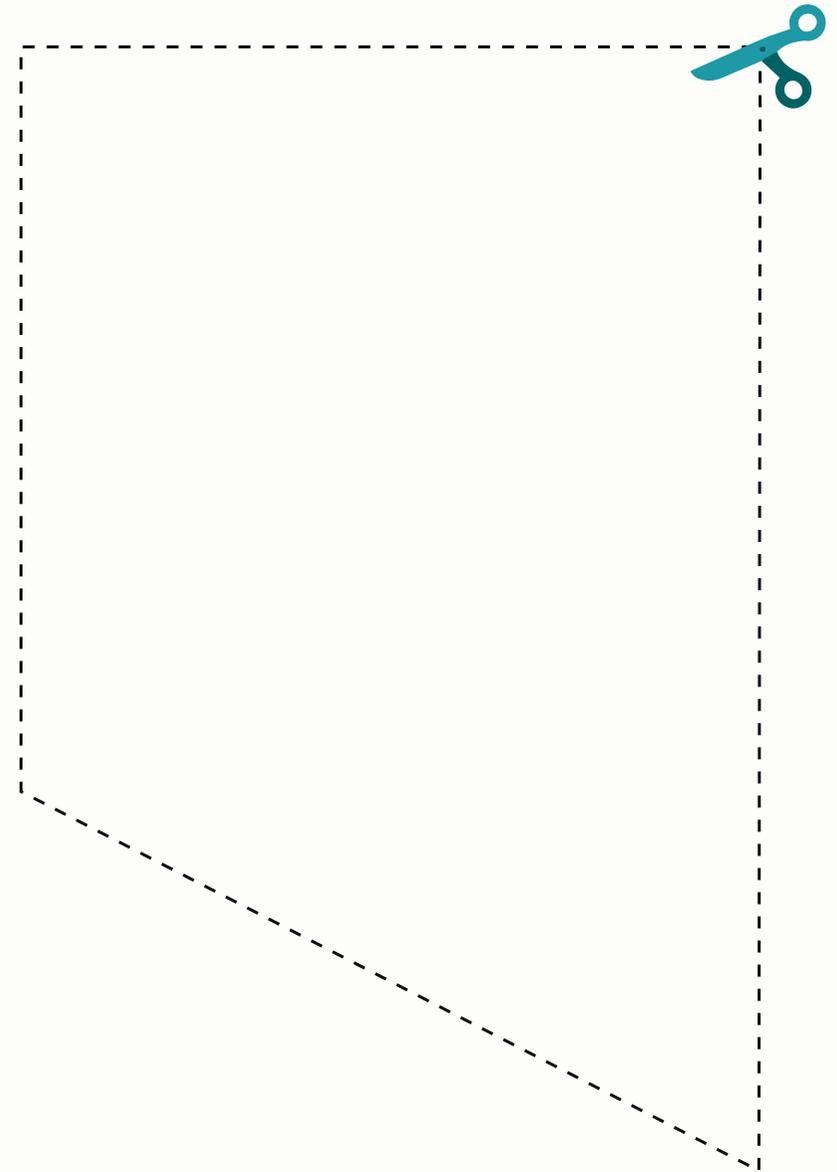
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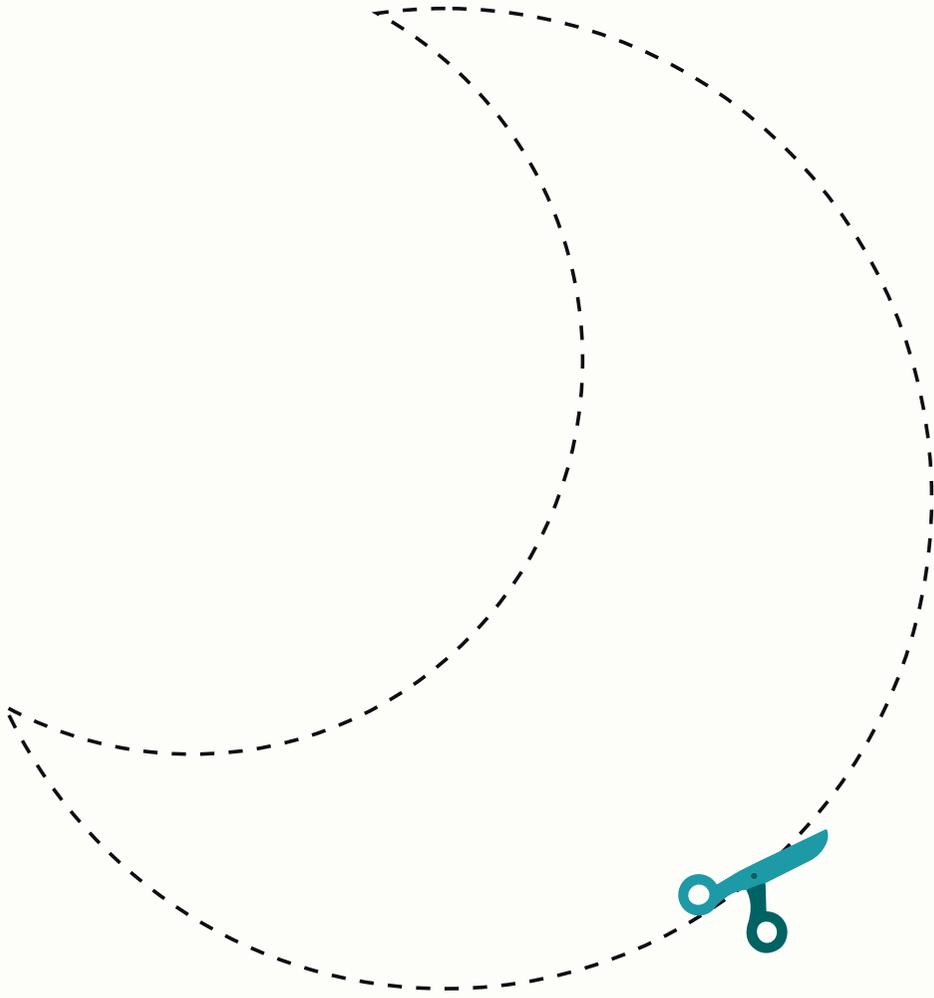
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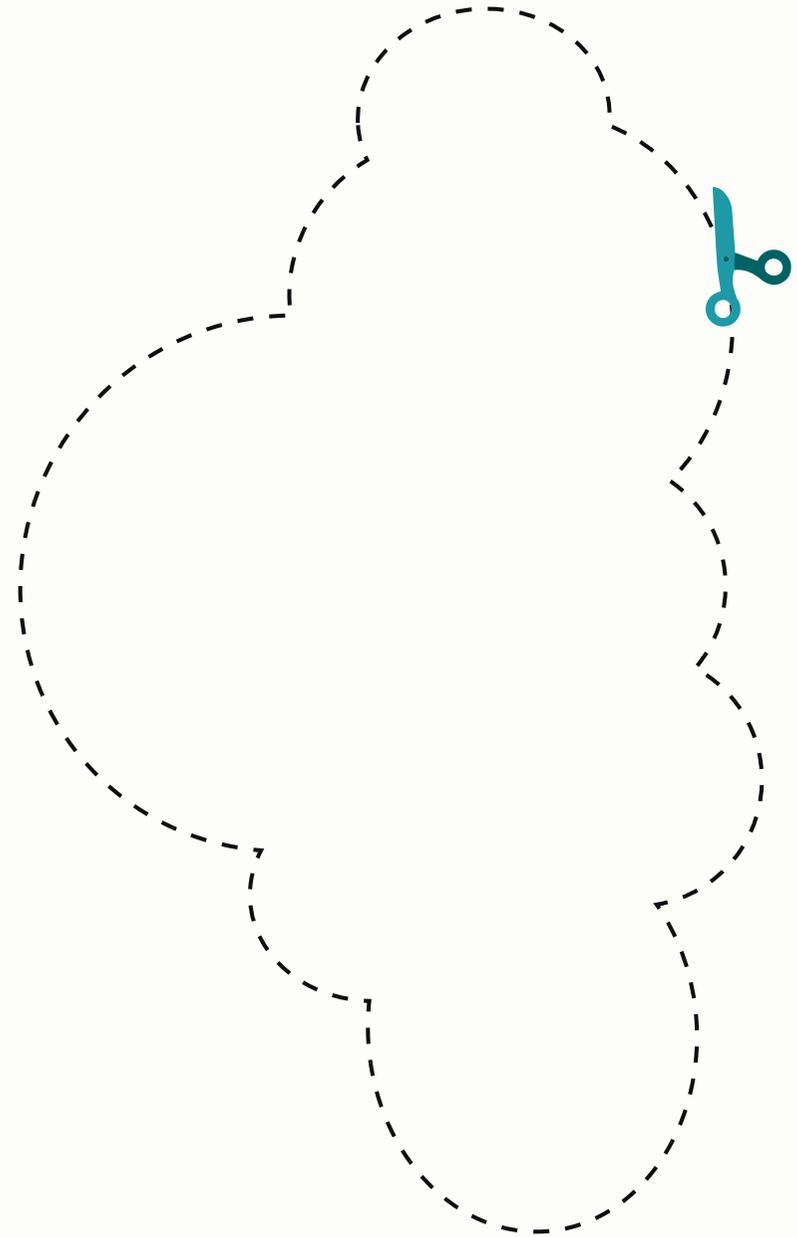
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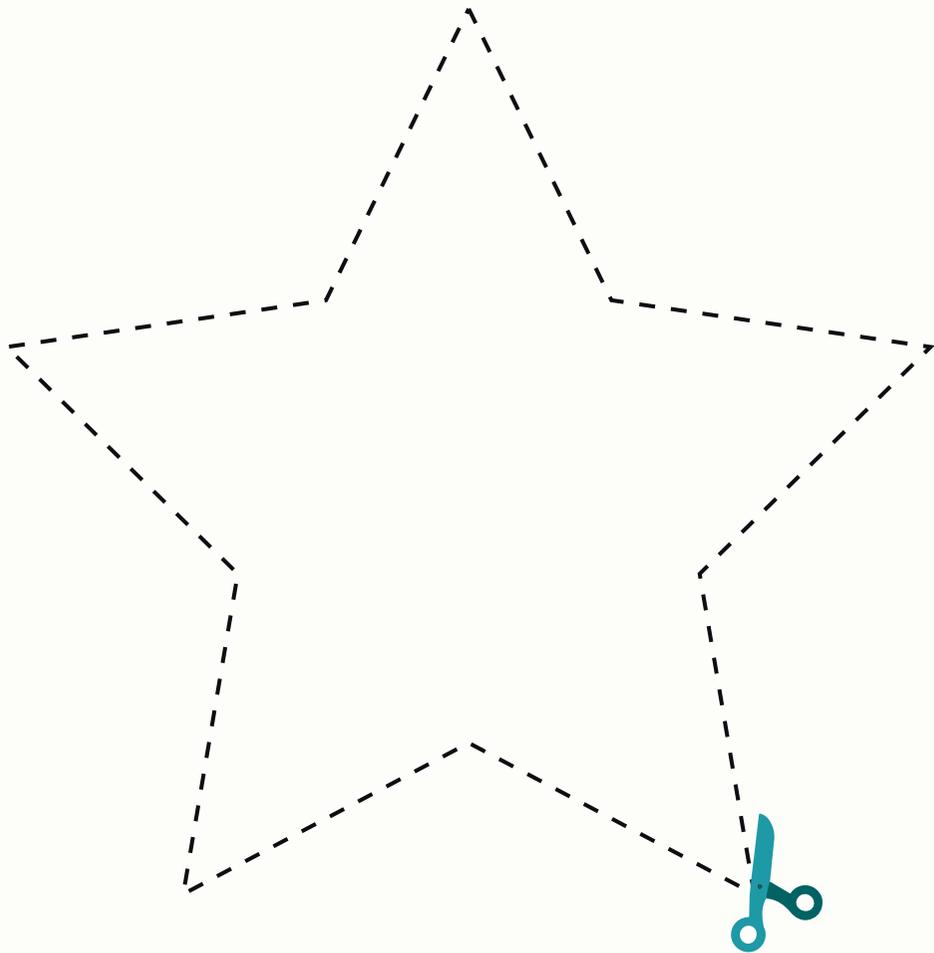
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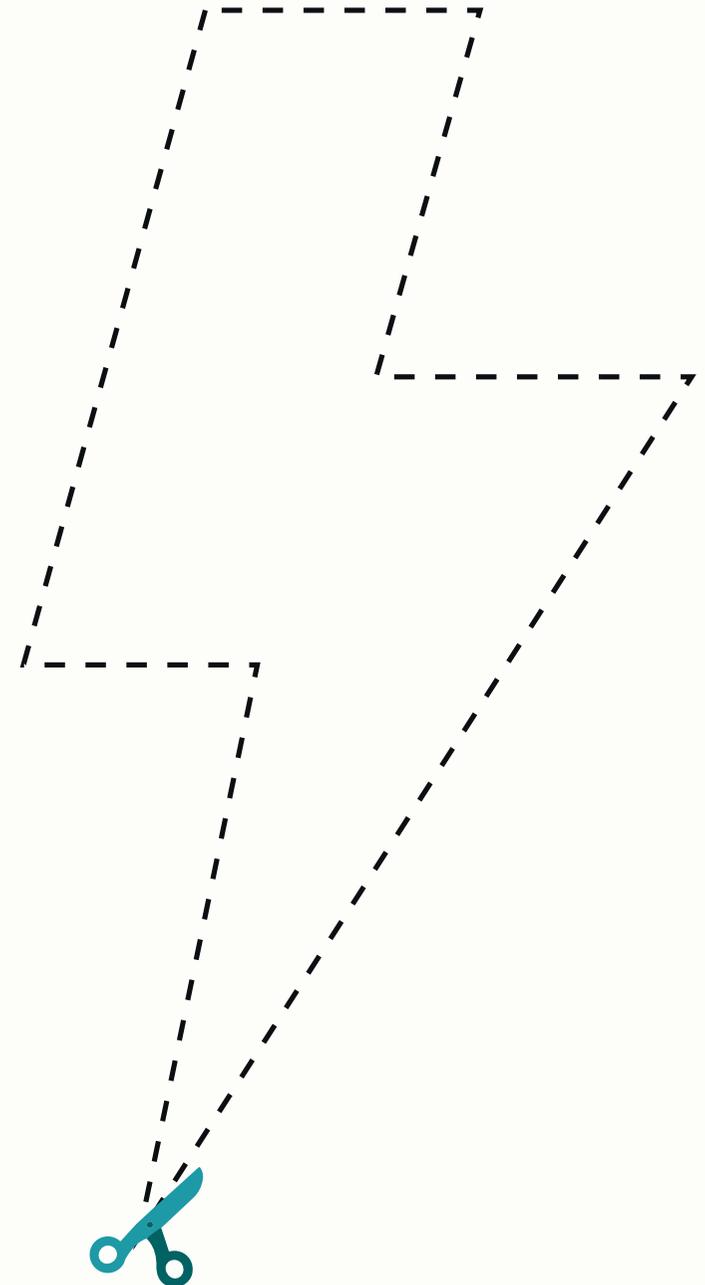
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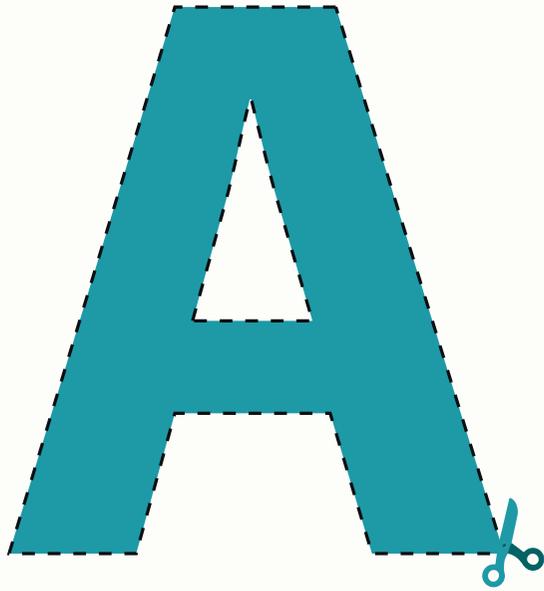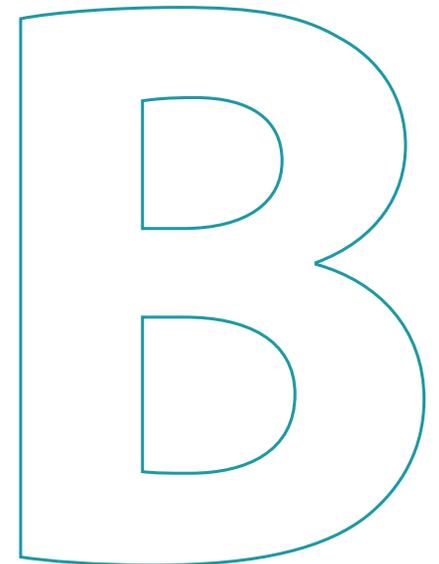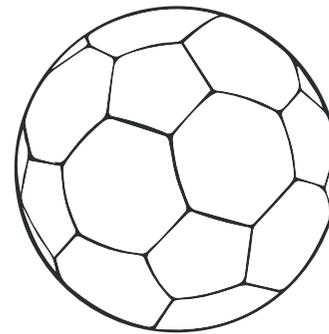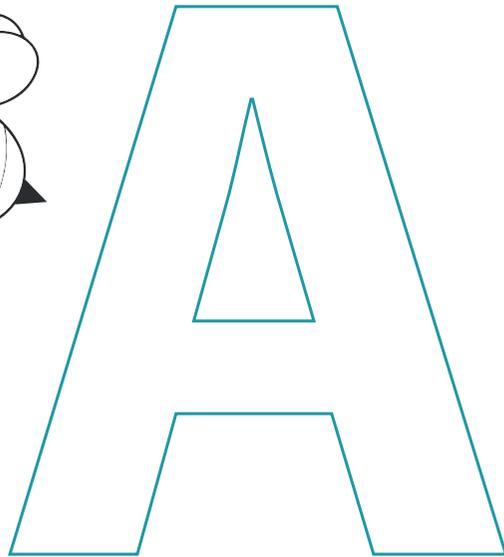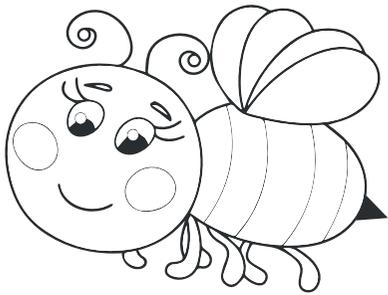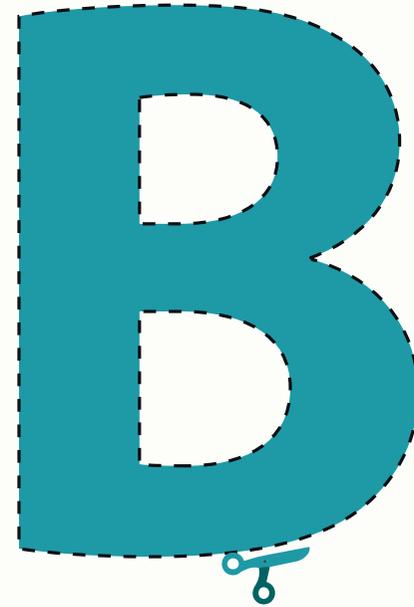
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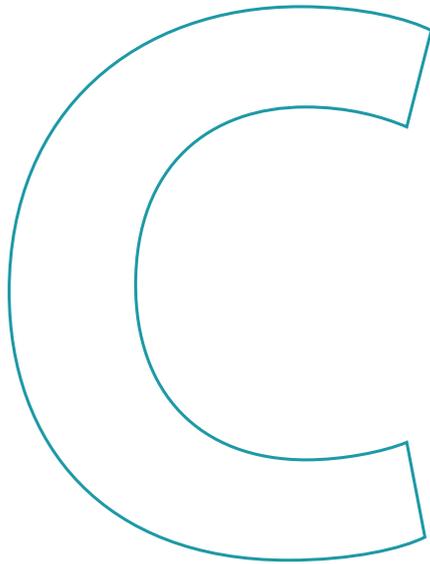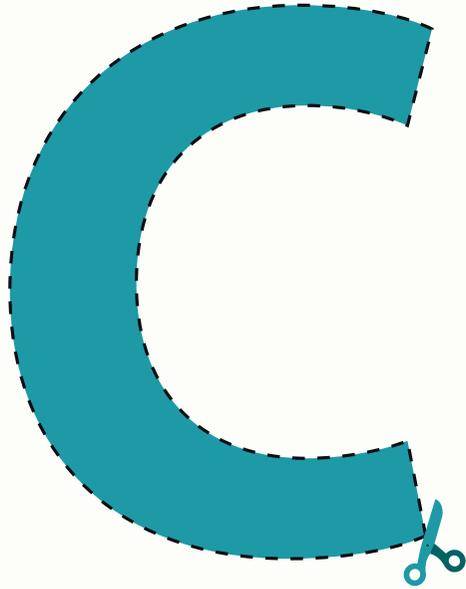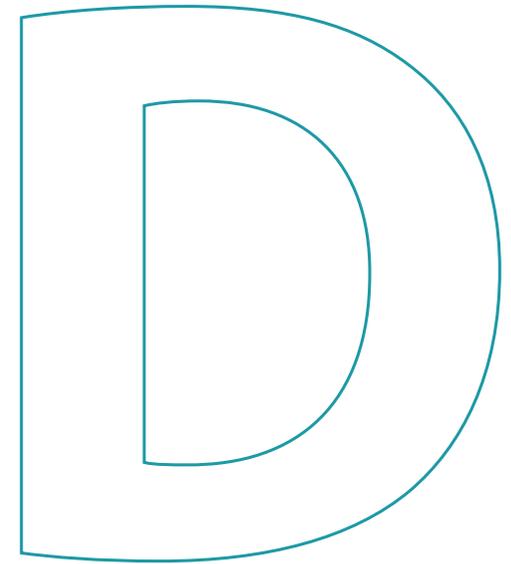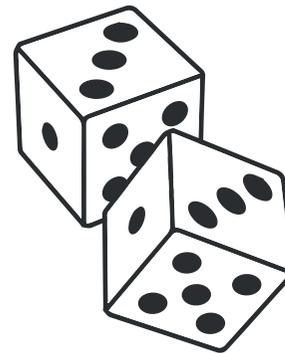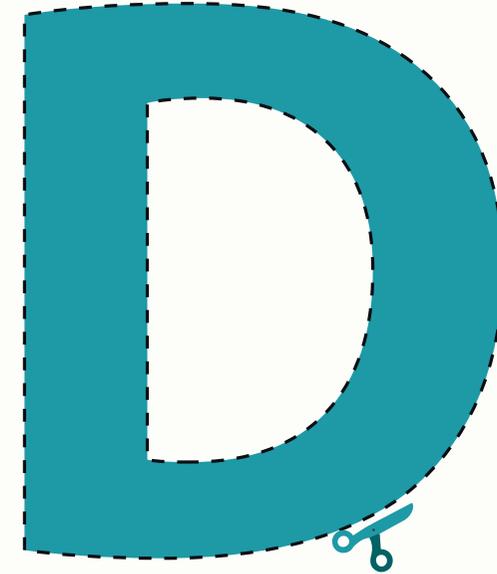
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ATIVIDADE 54 – FOCA

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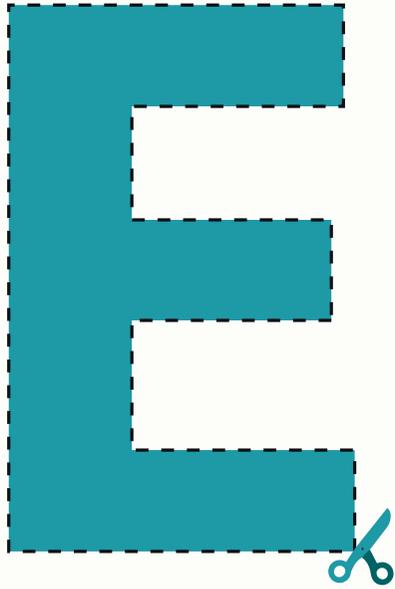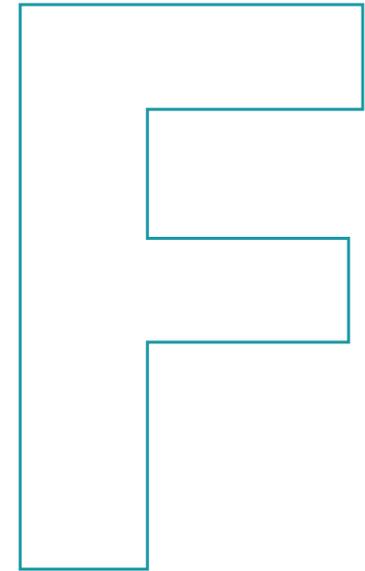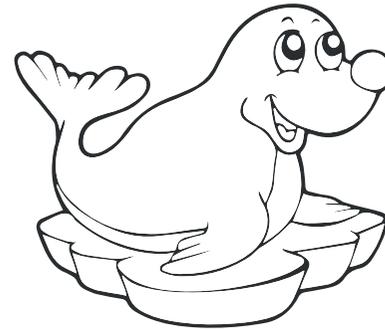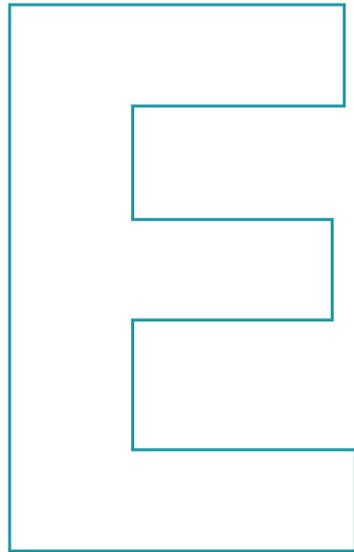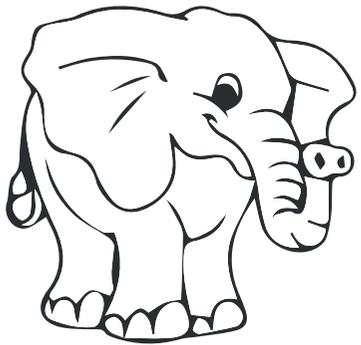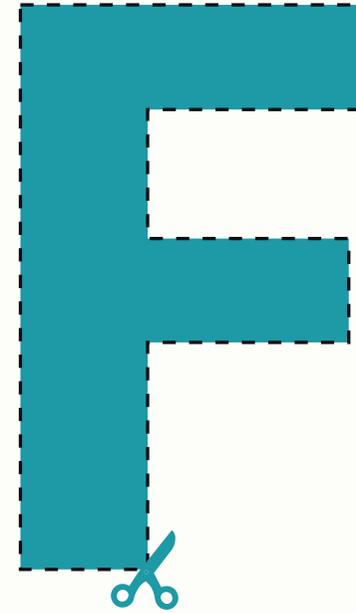
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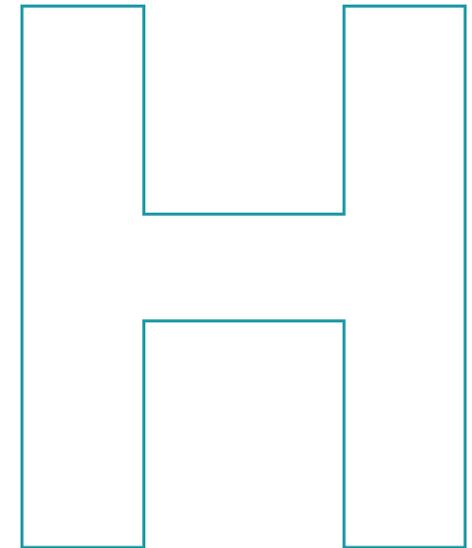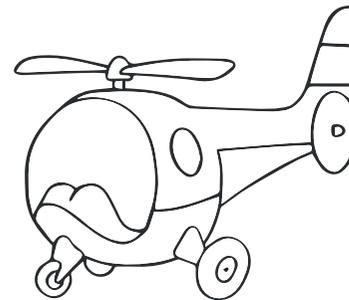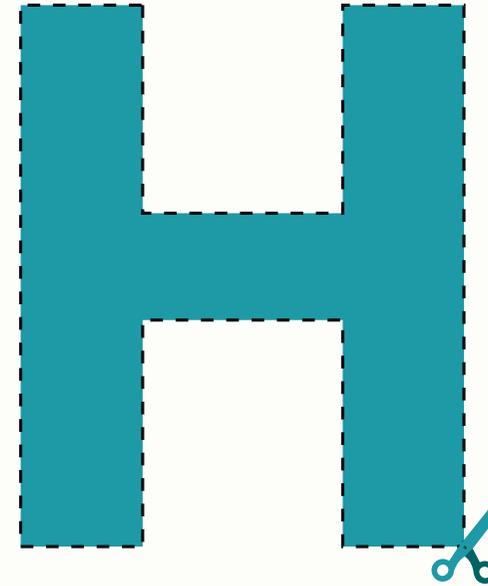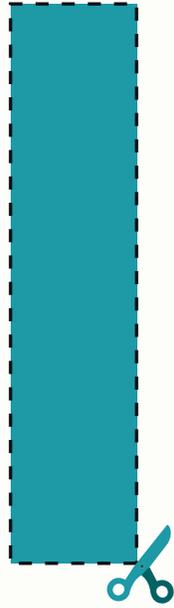
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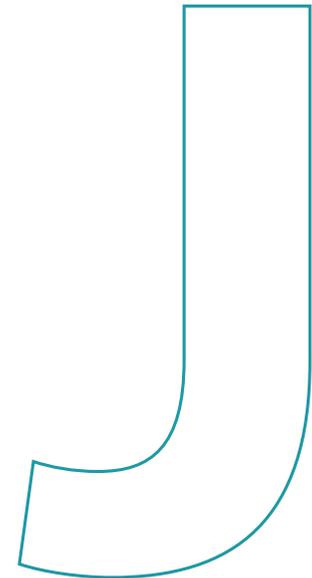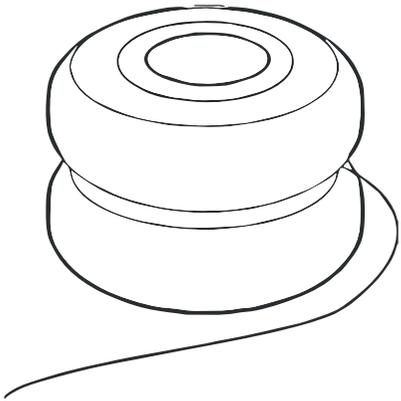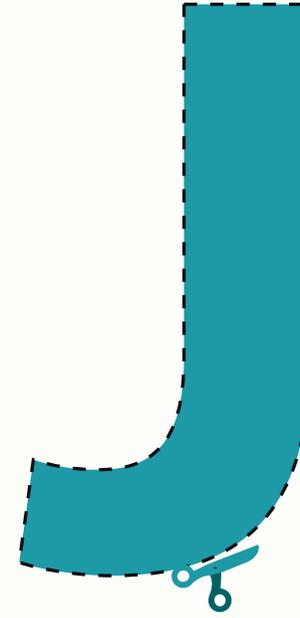
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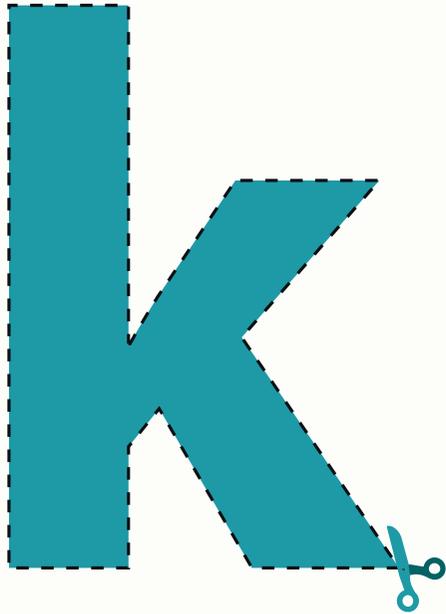
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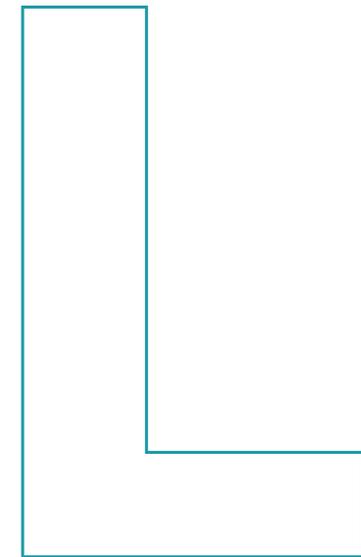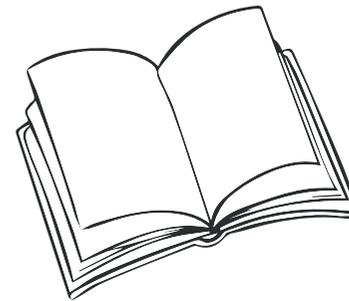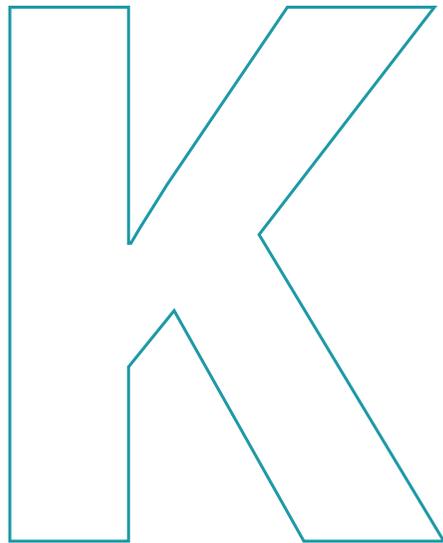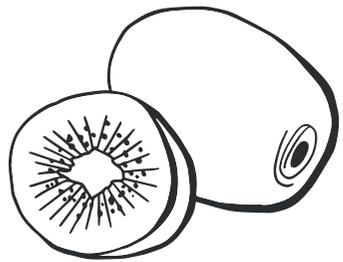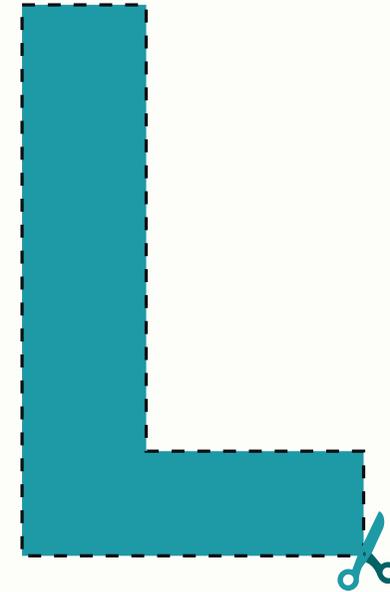
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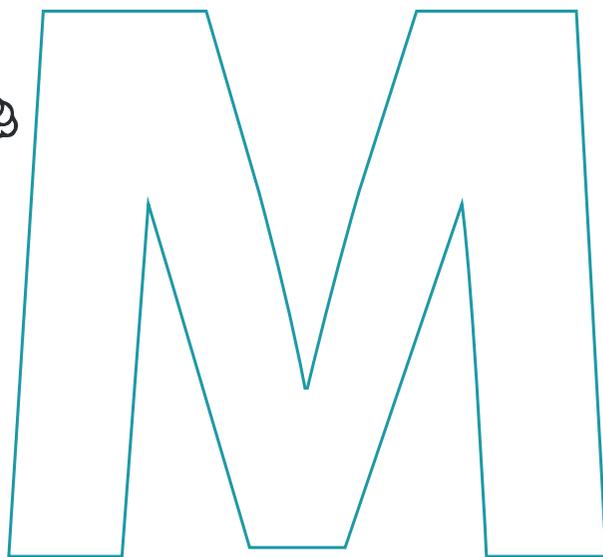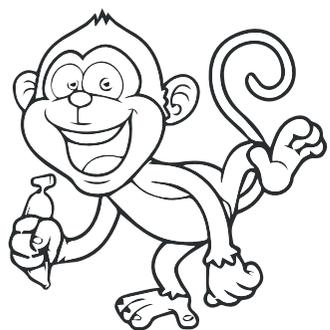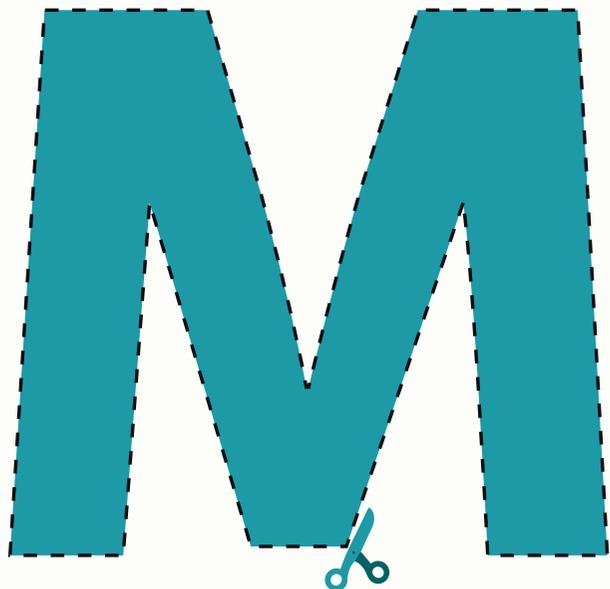
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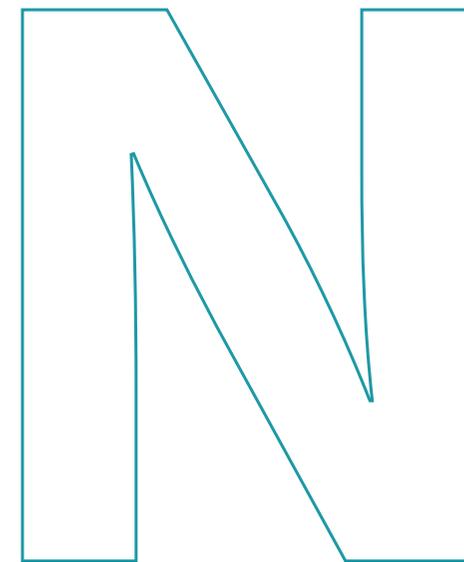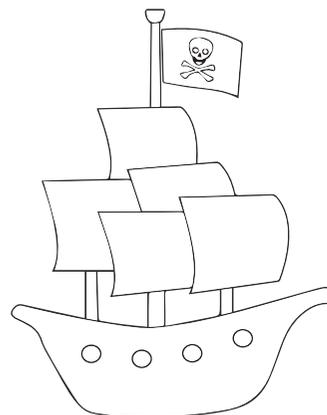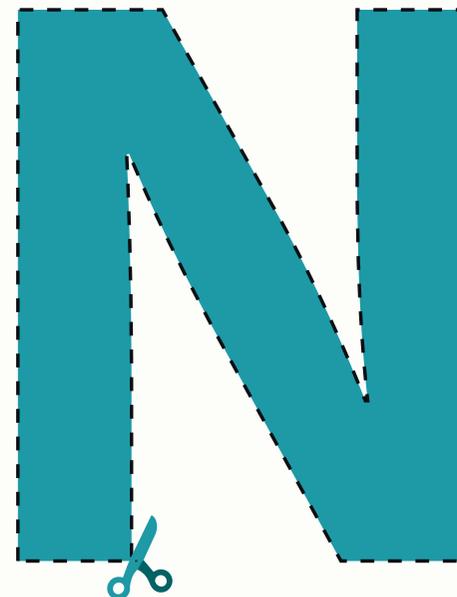
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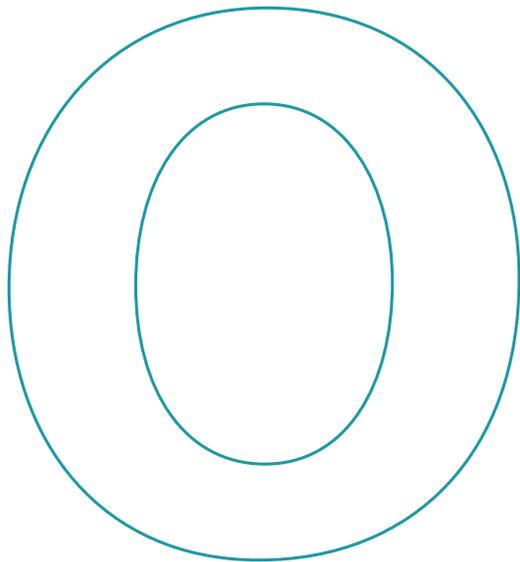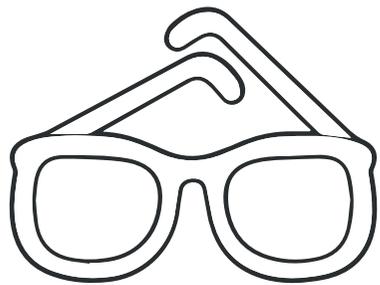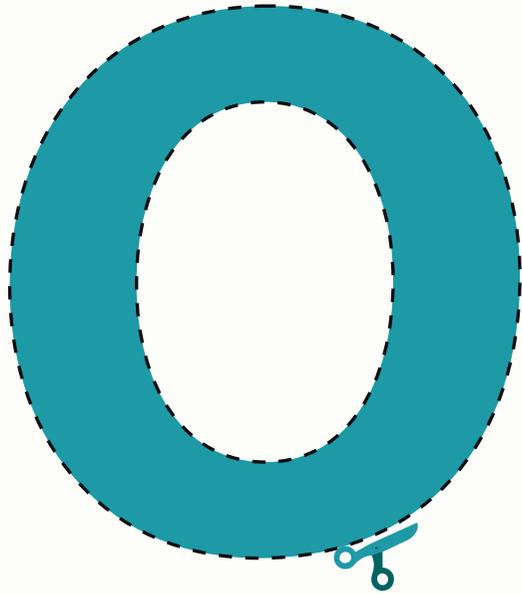
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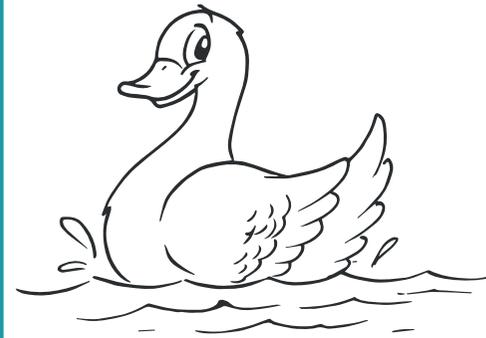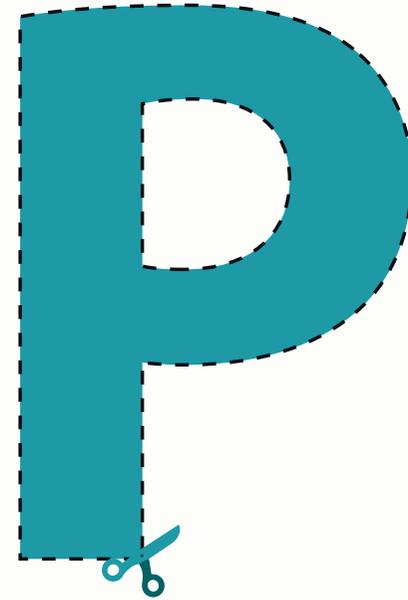
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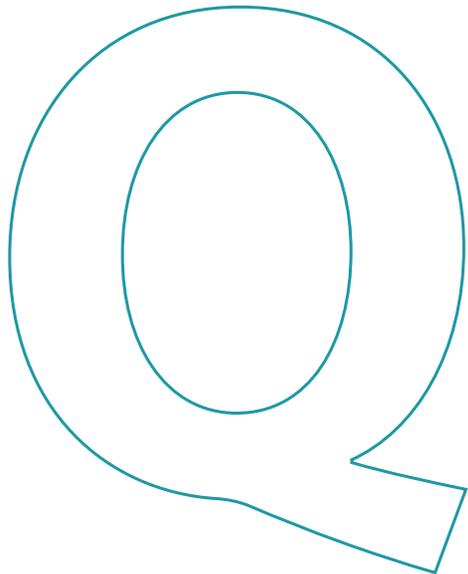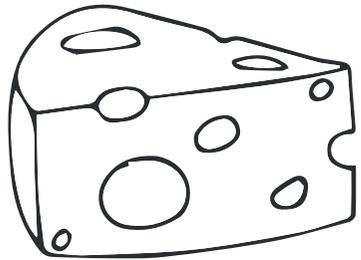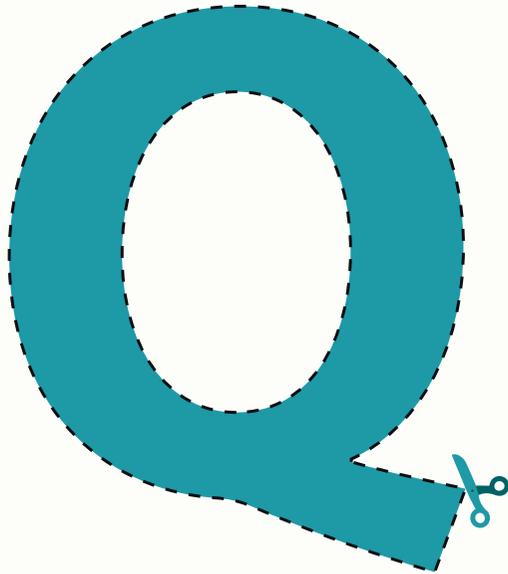
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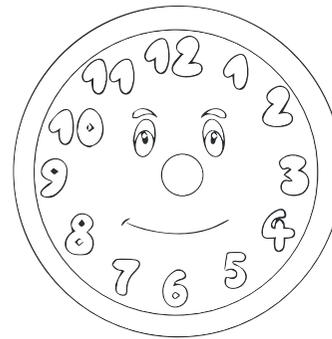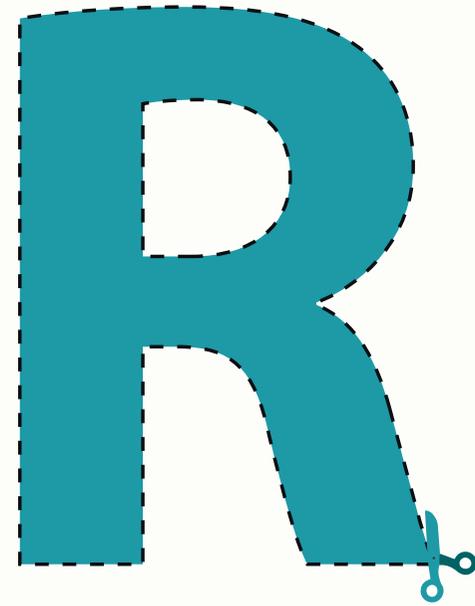
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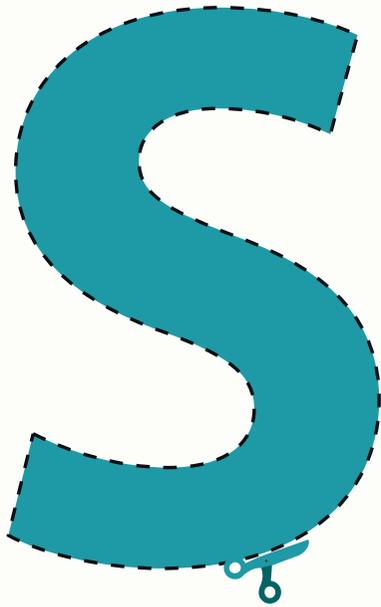
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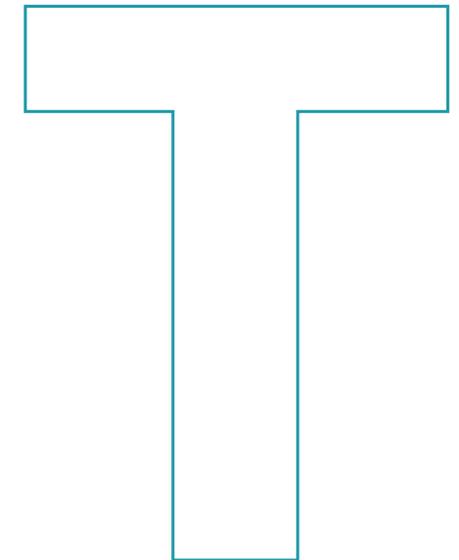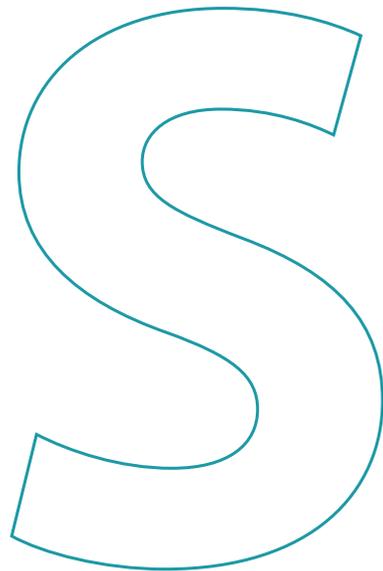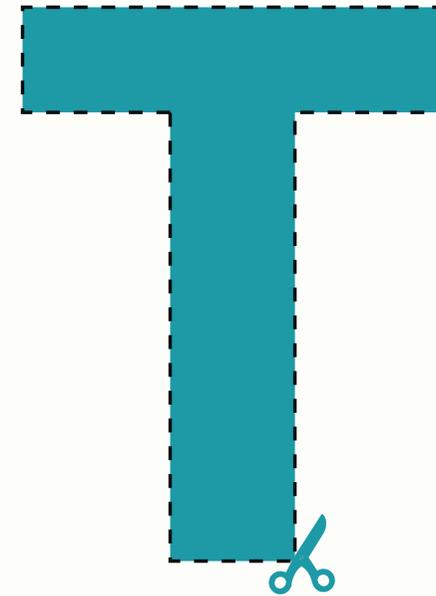
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ATIVIDADE 70 – VACA

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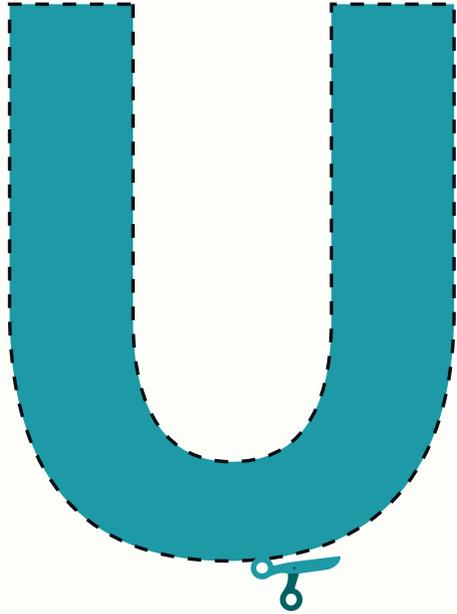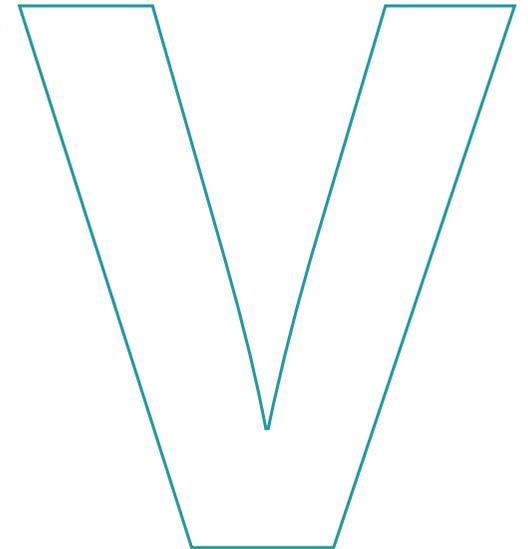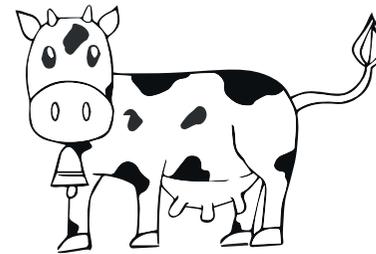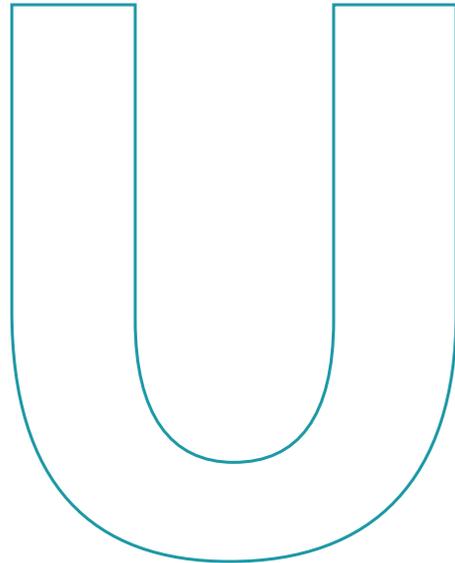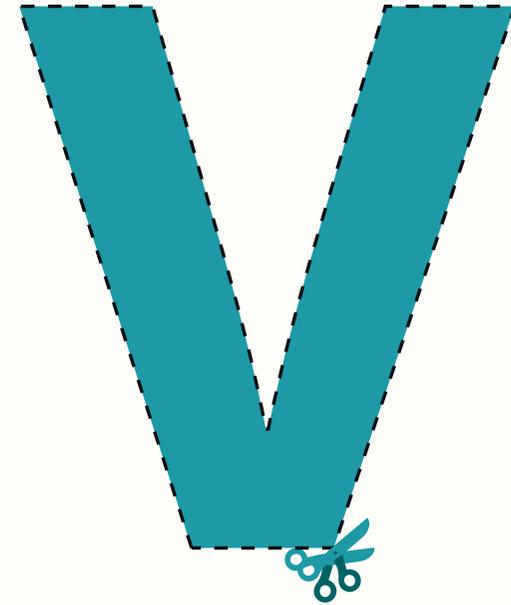
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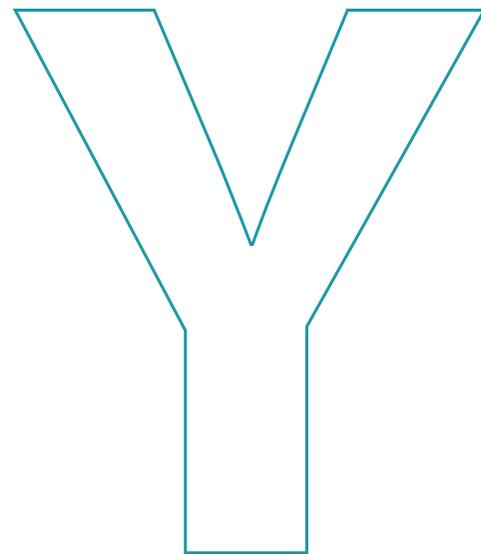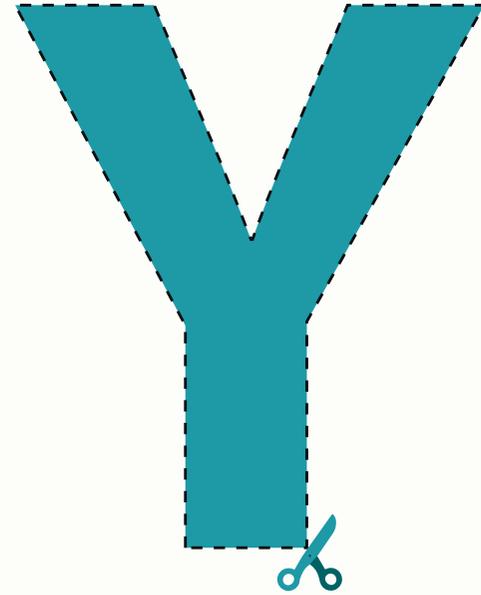
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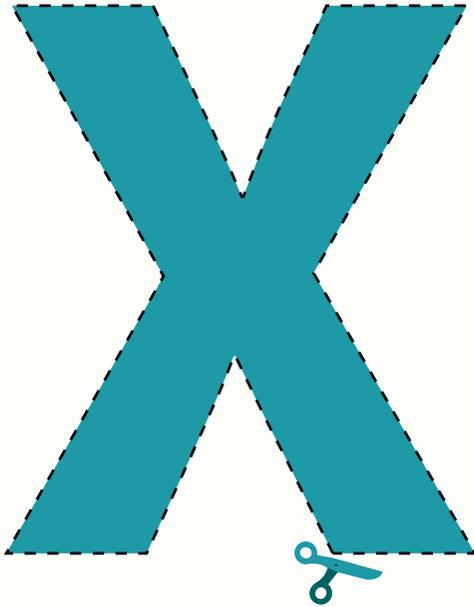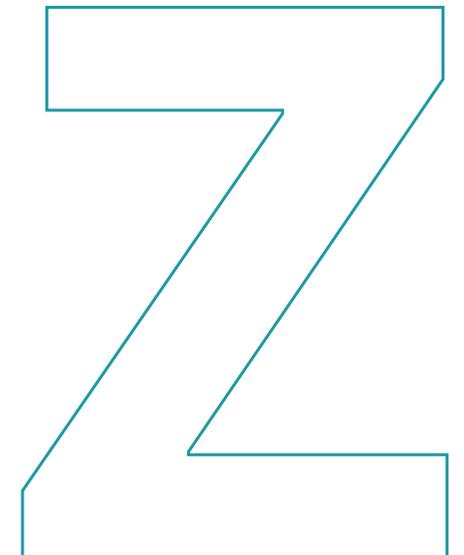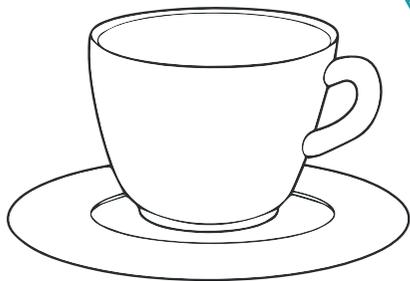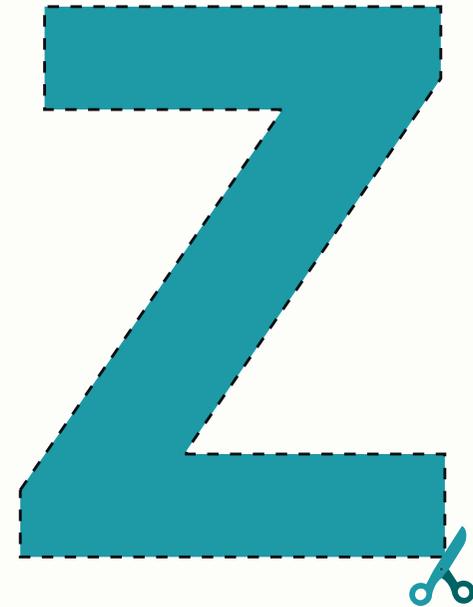
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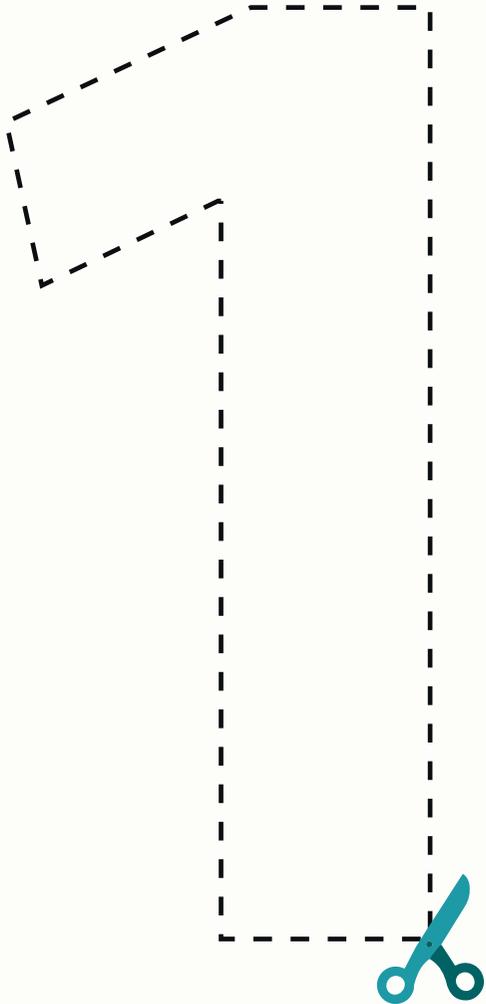
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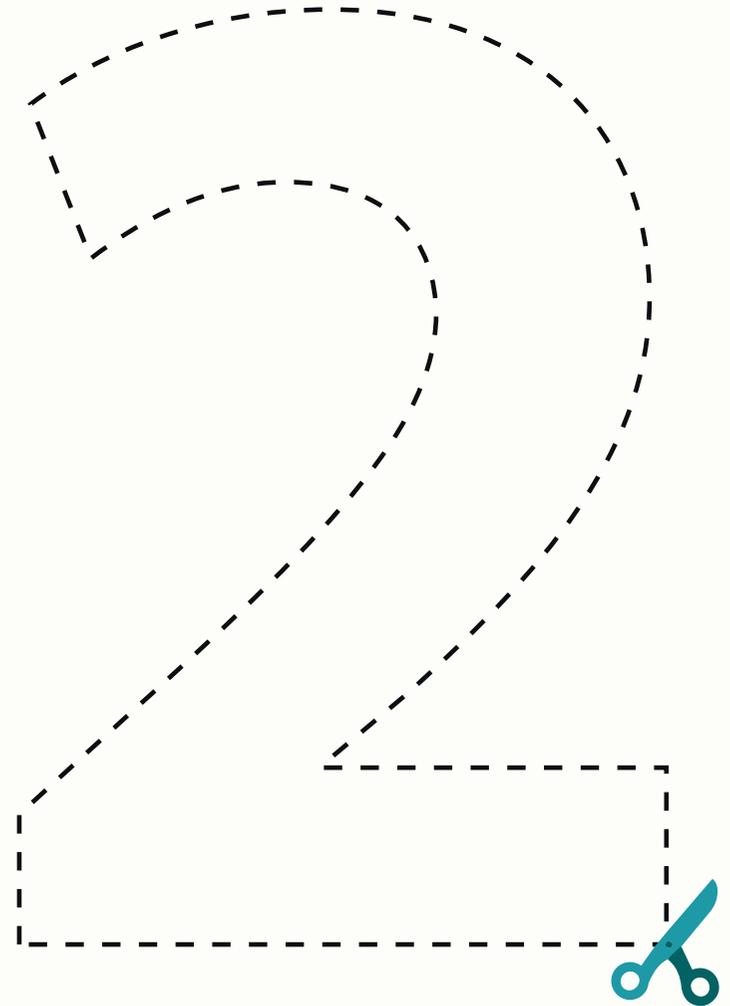
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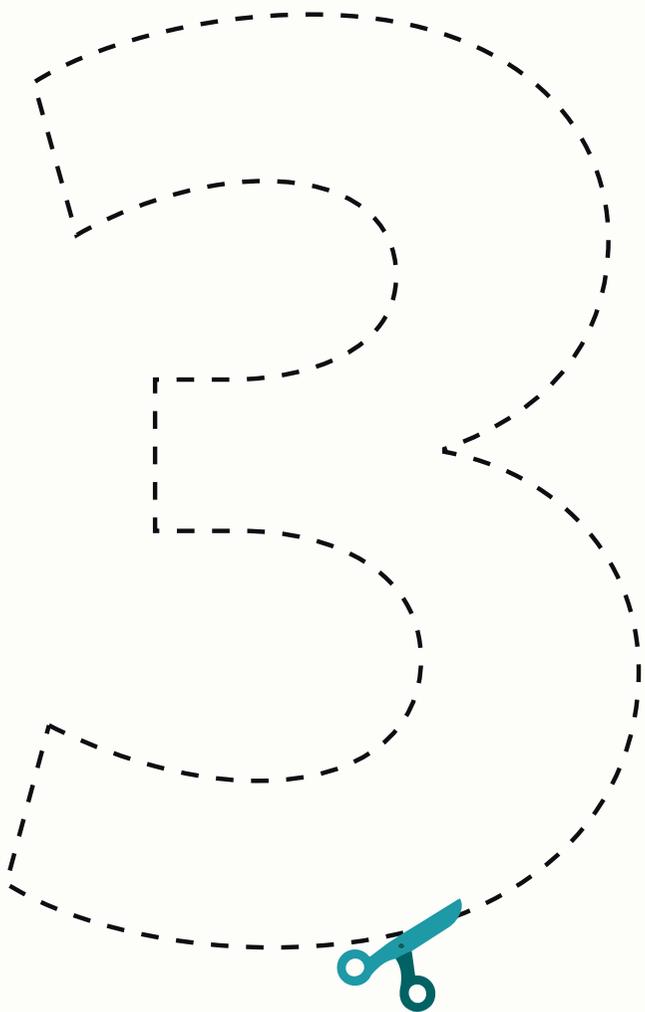
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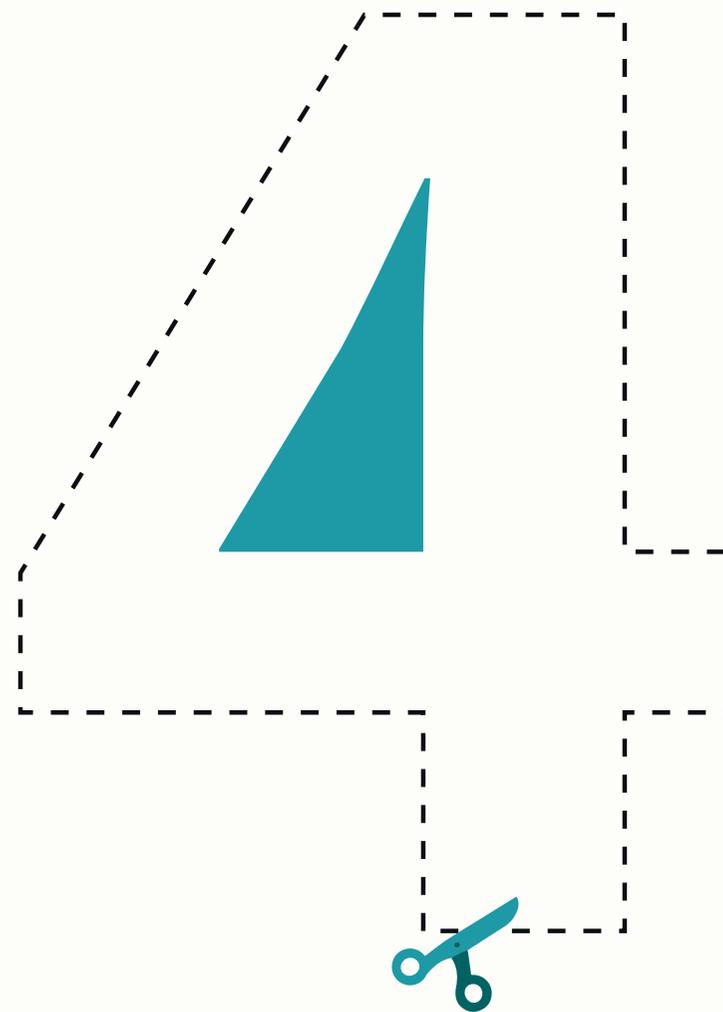
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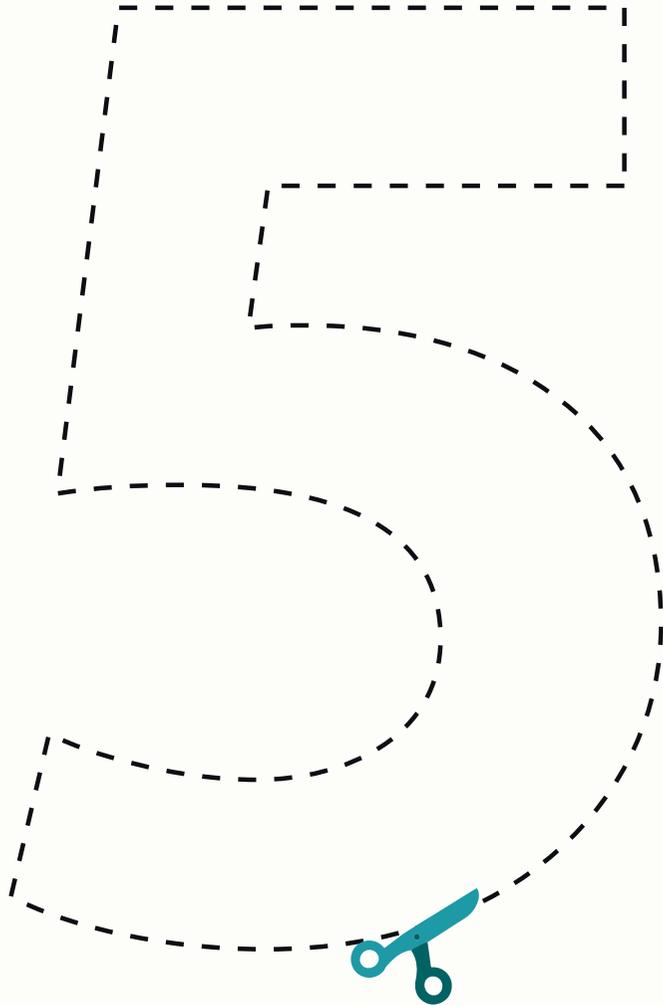
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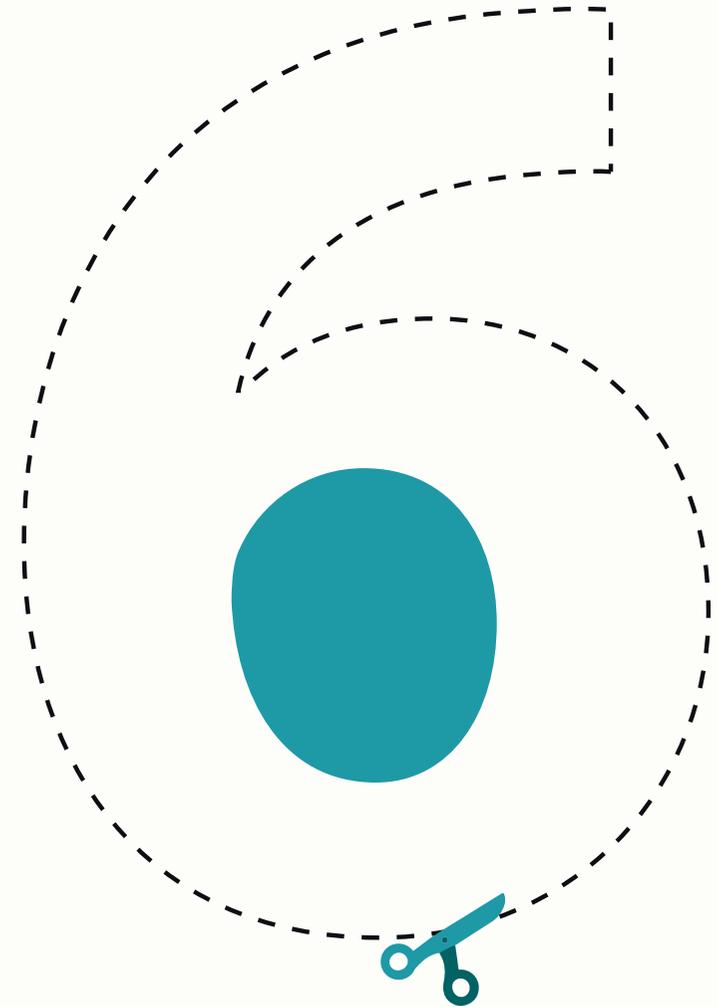
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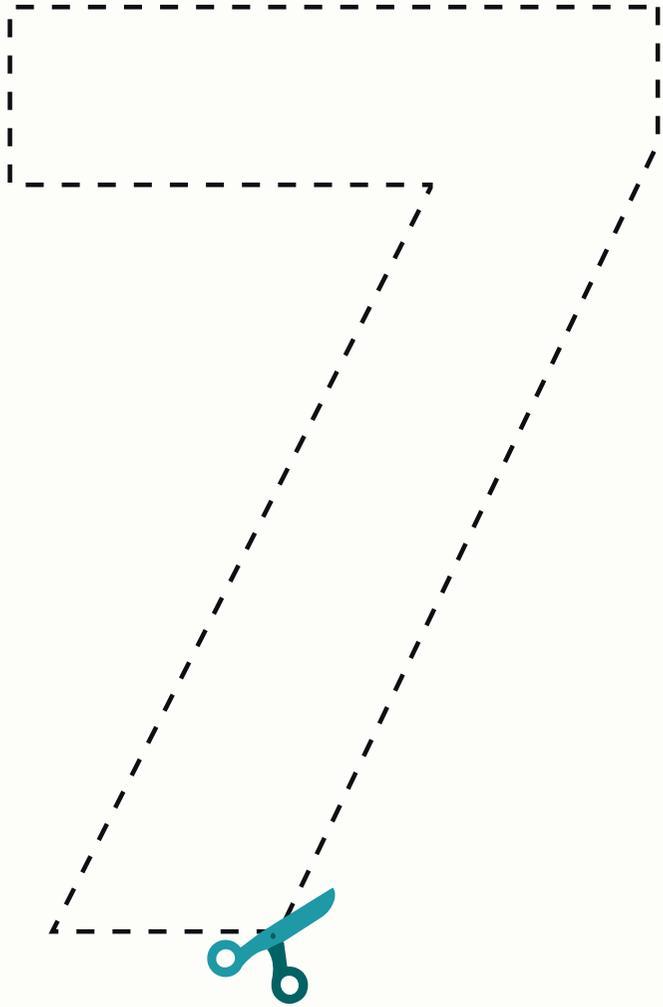
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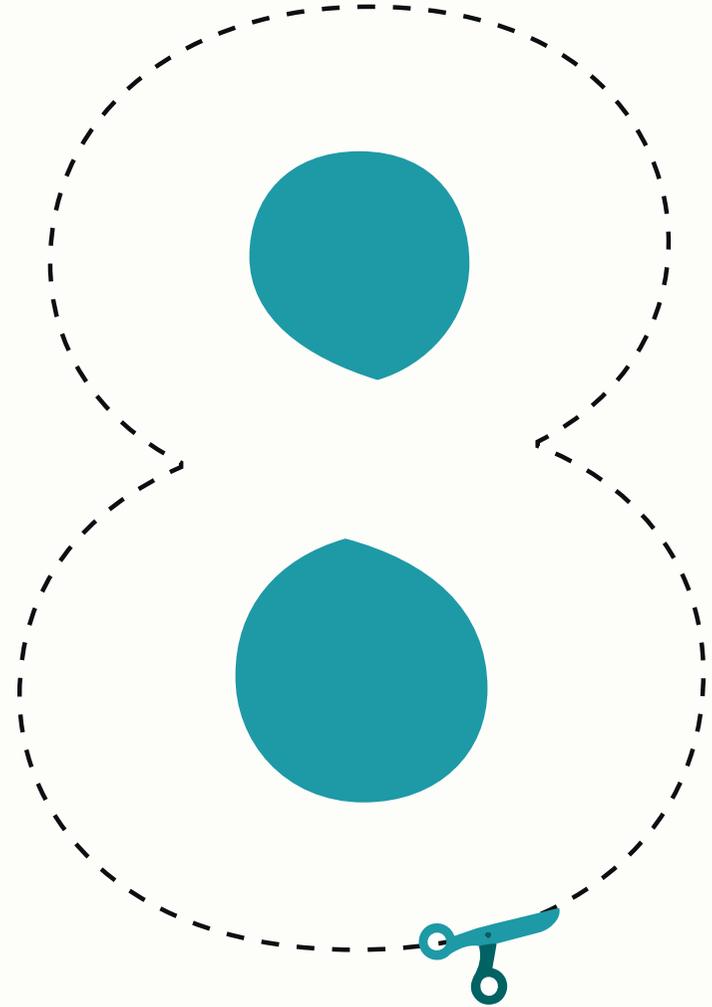
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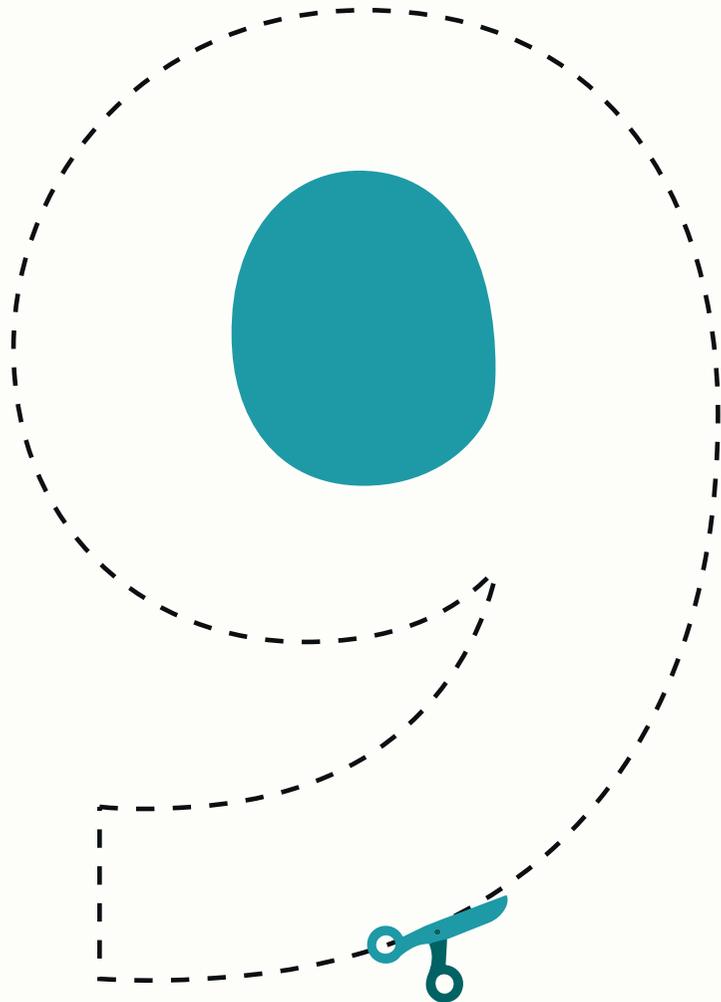
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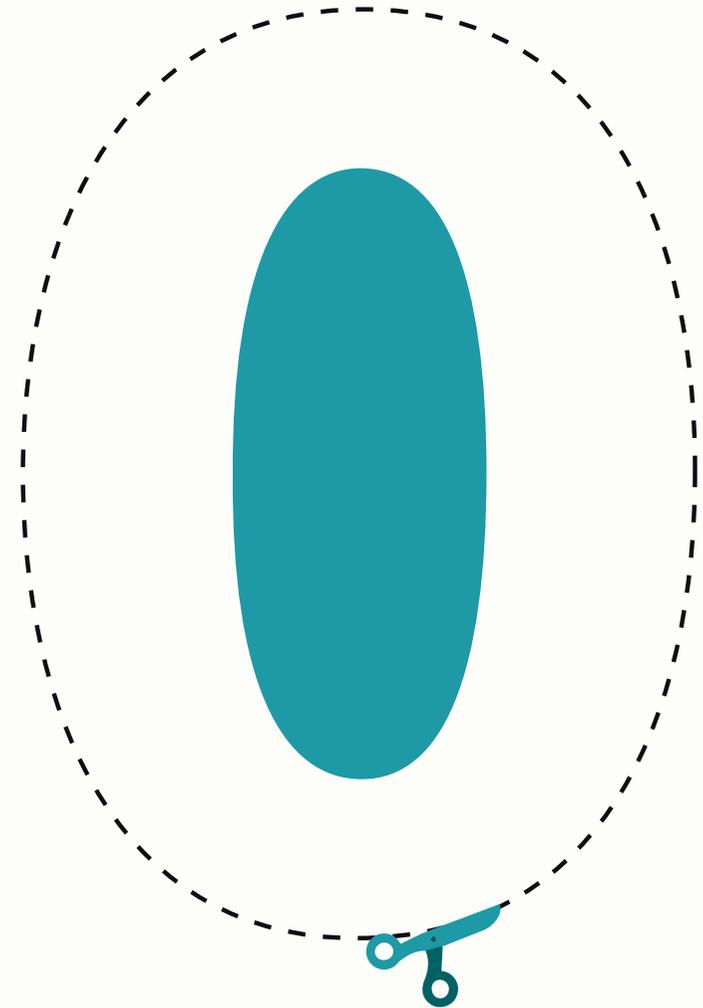
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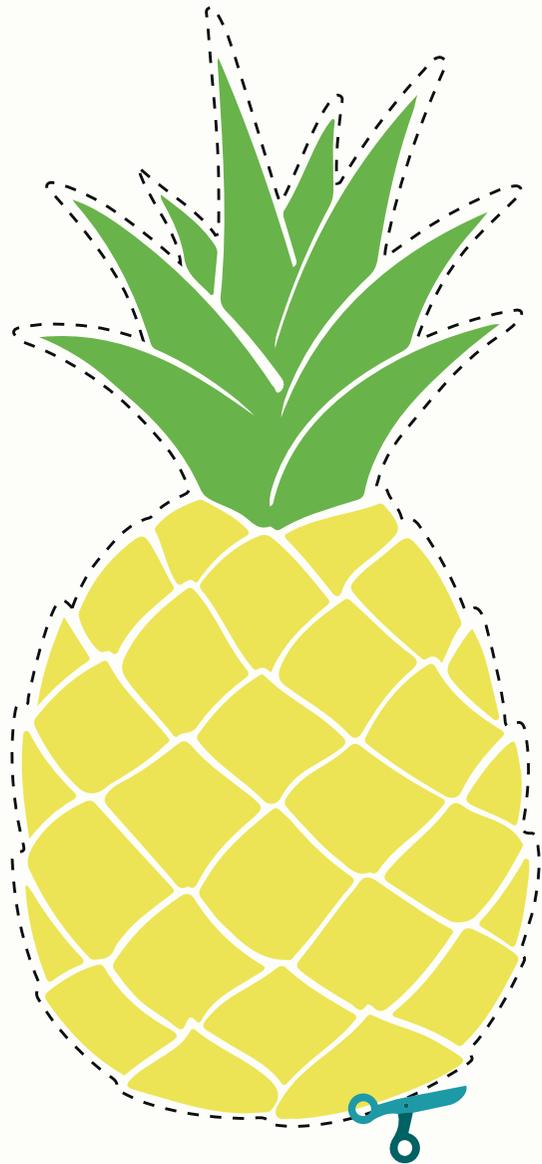
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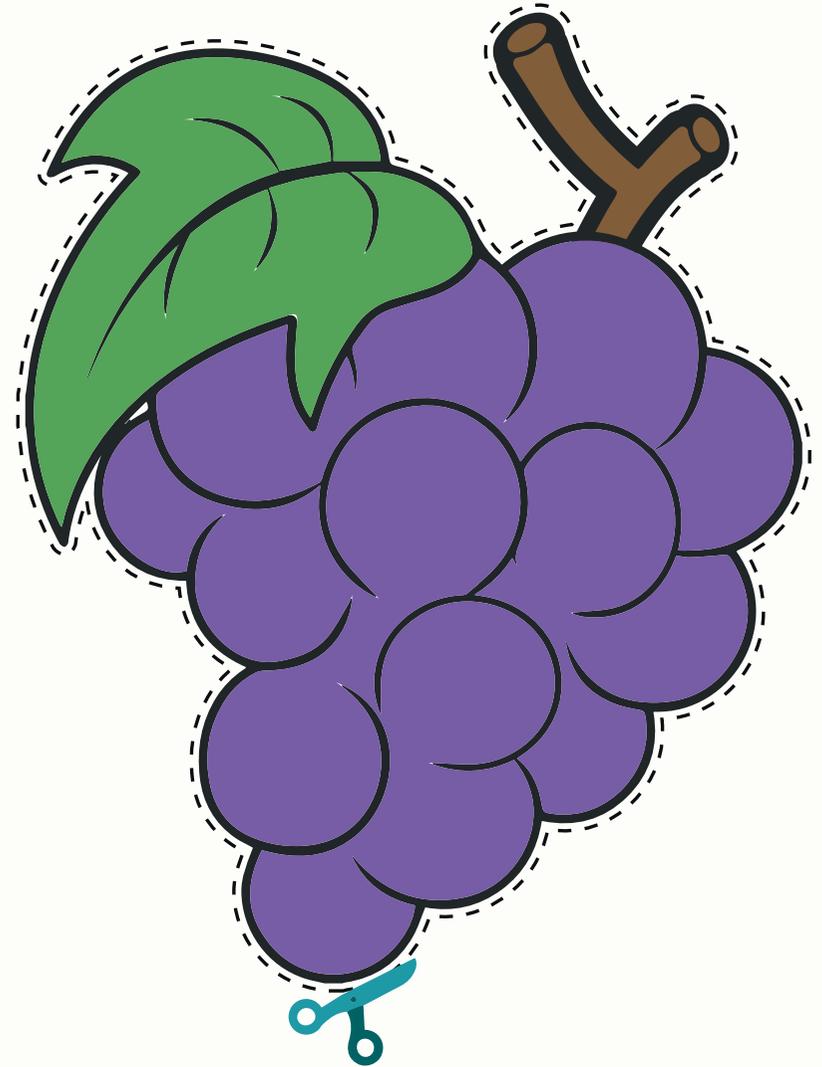
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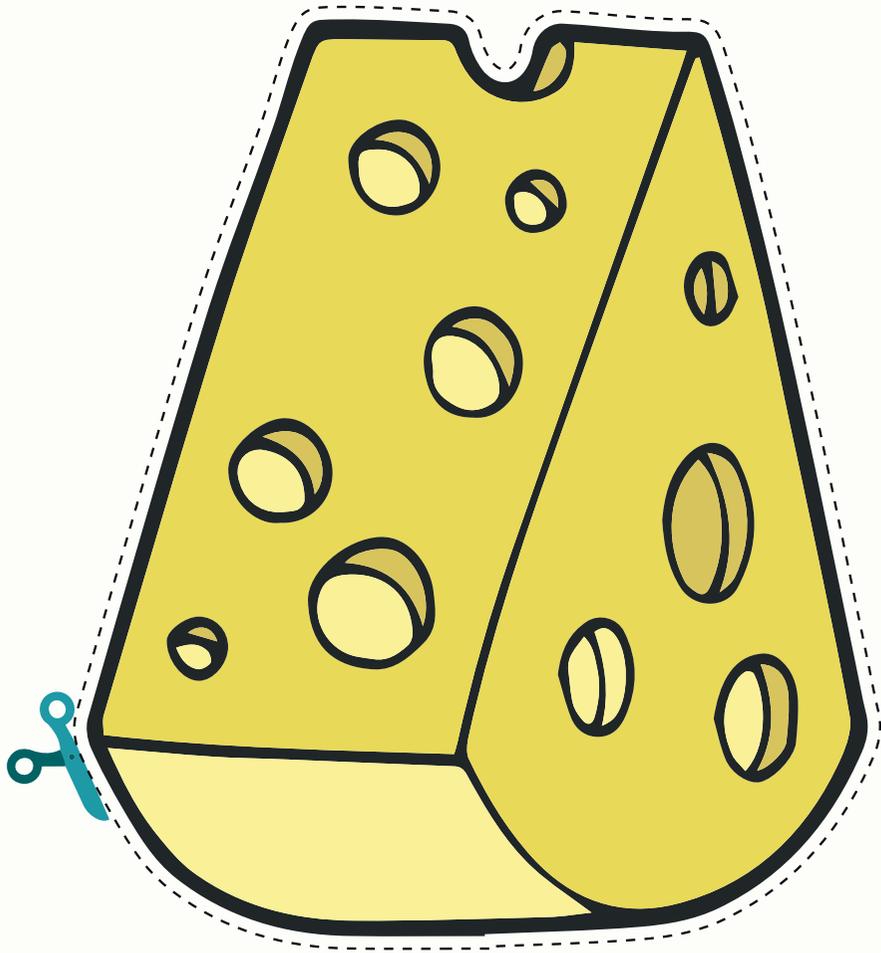
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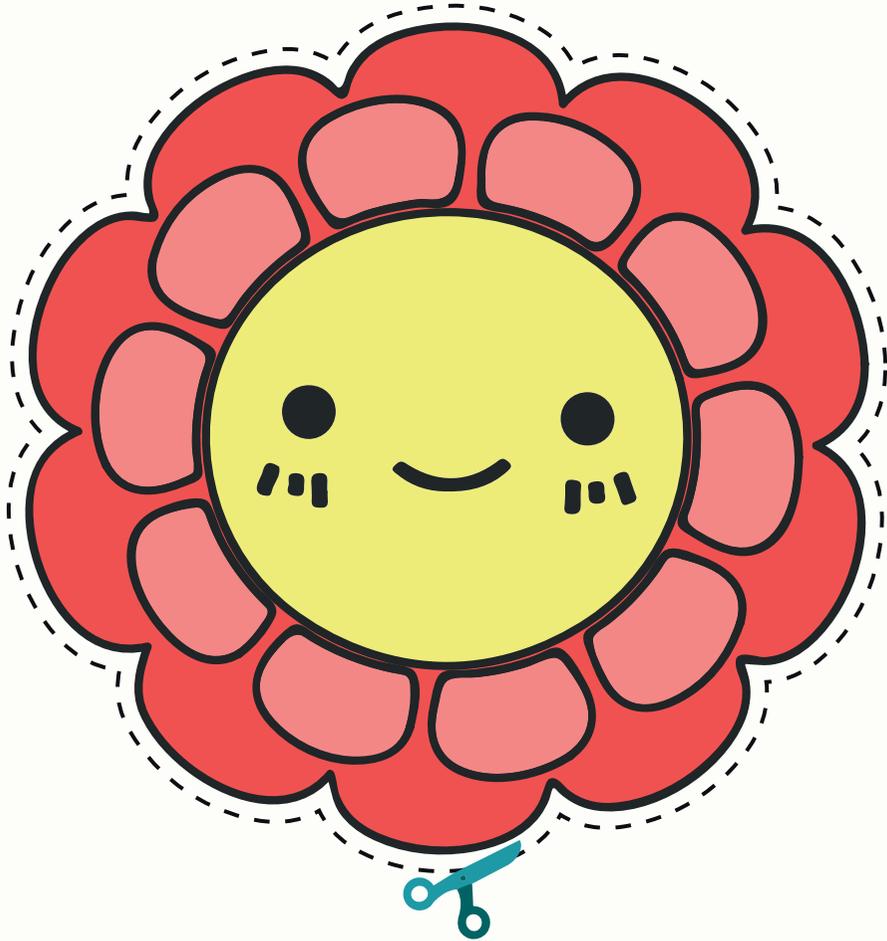
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ATIVIDADE 91

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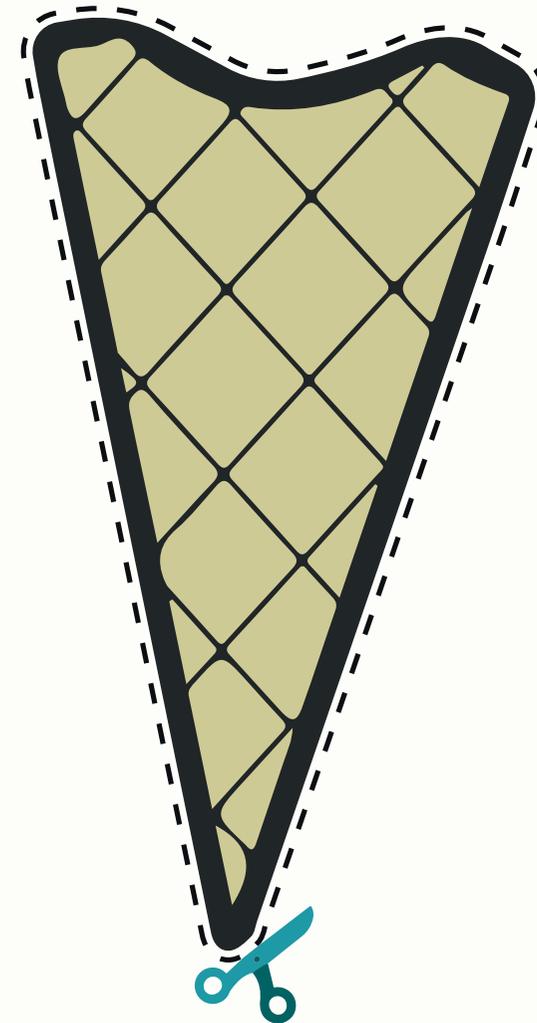
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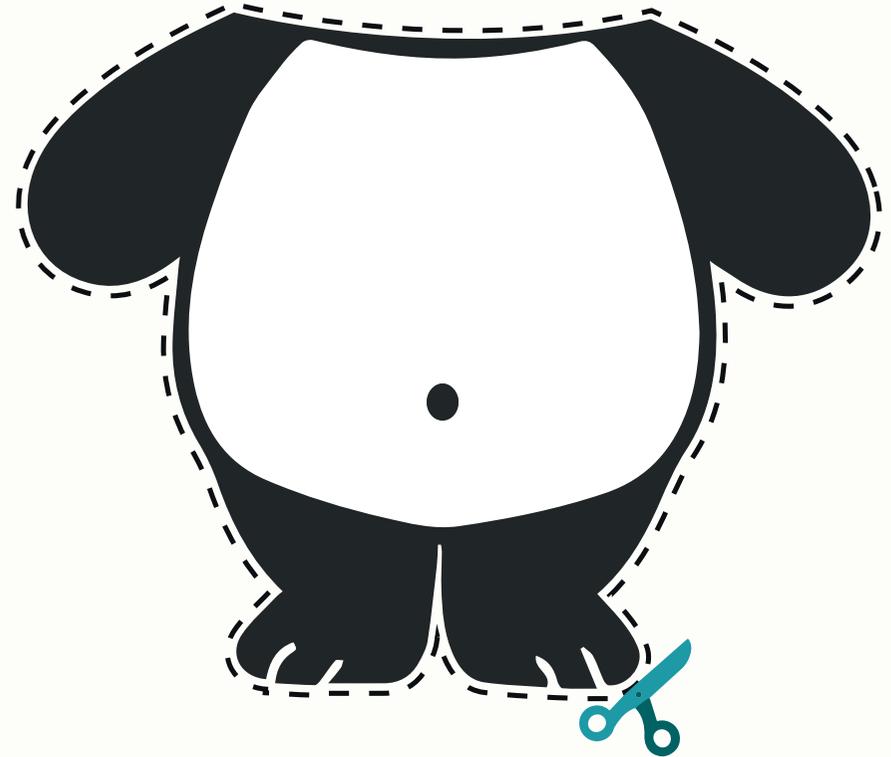
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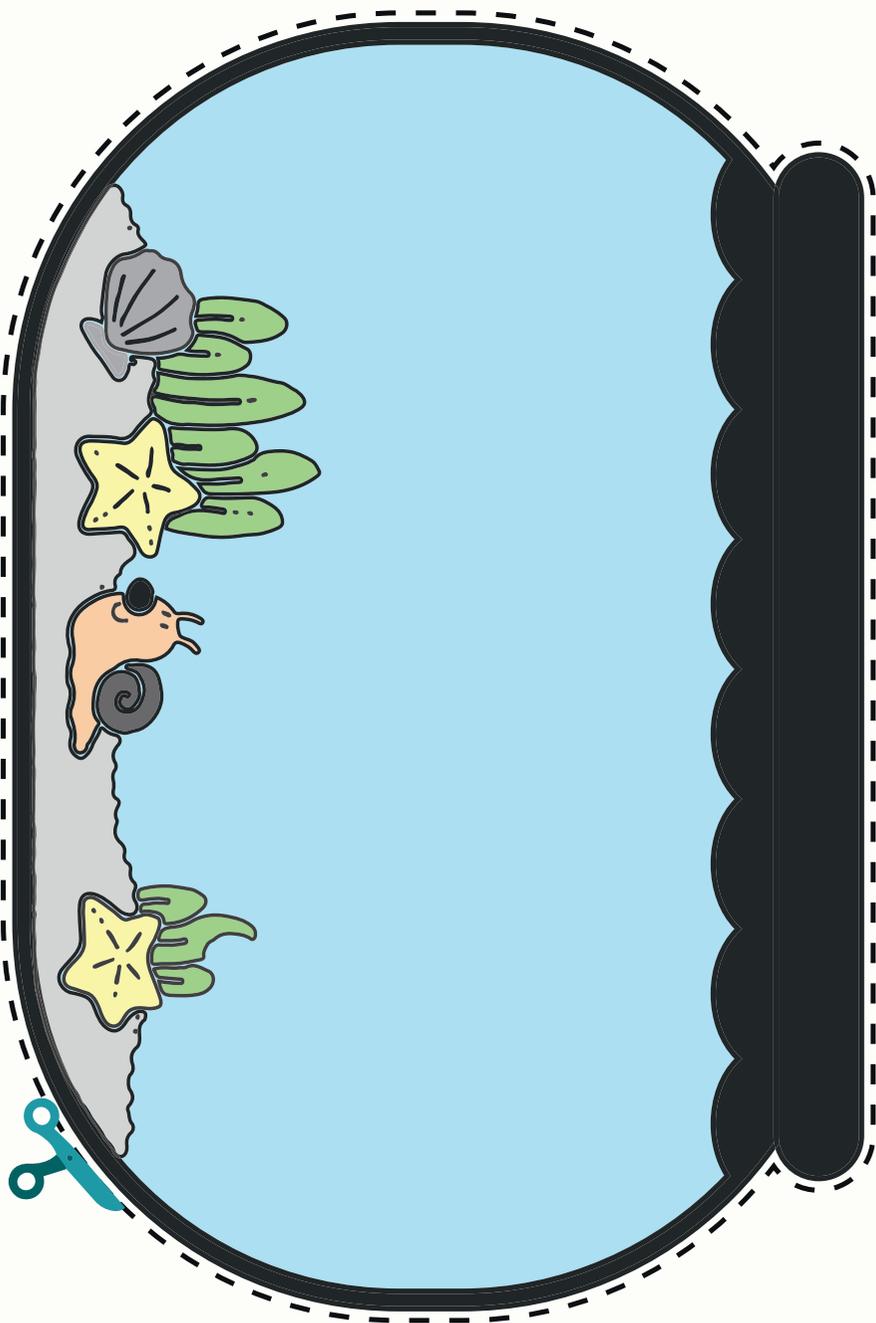
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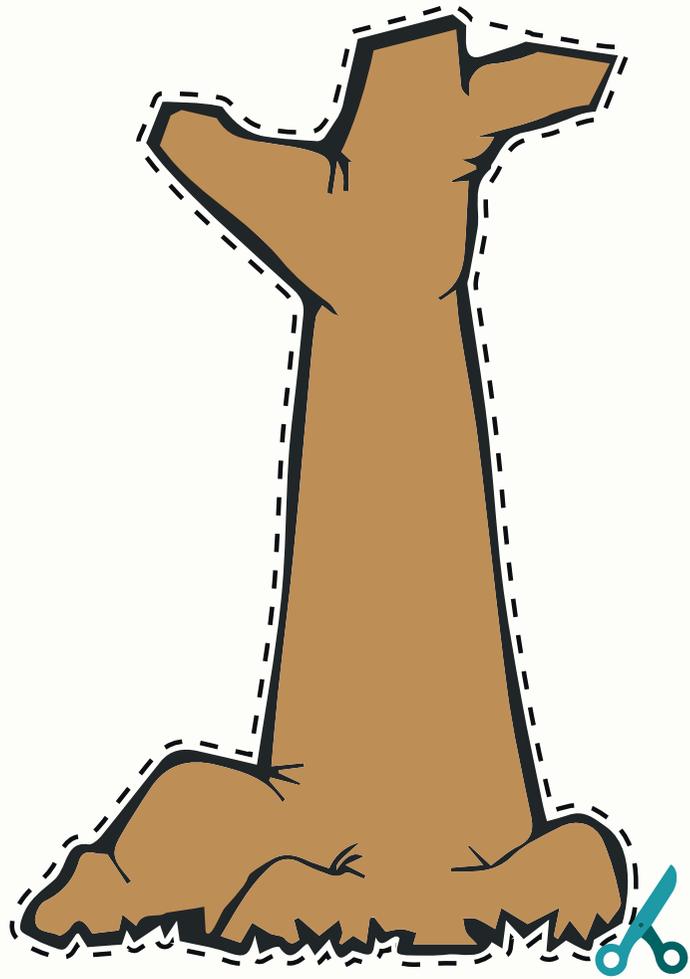
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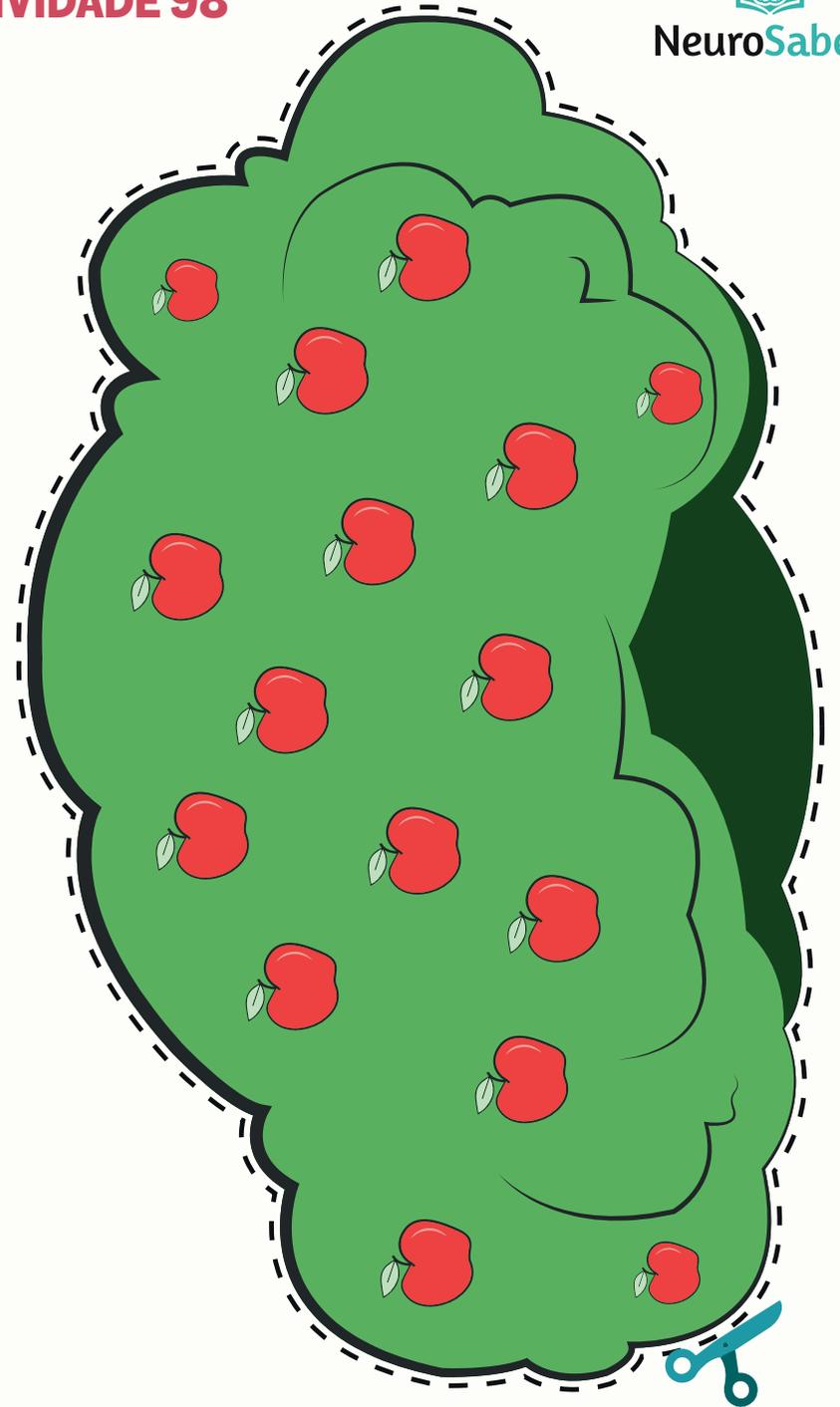
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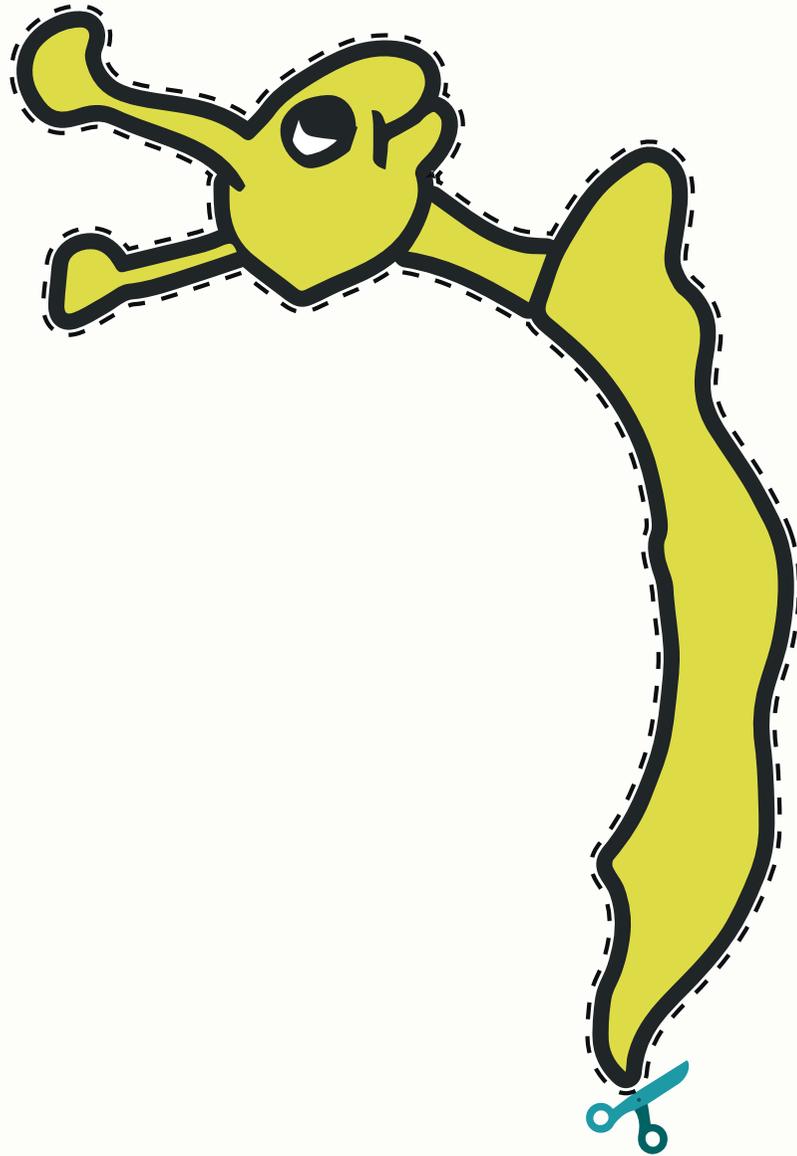
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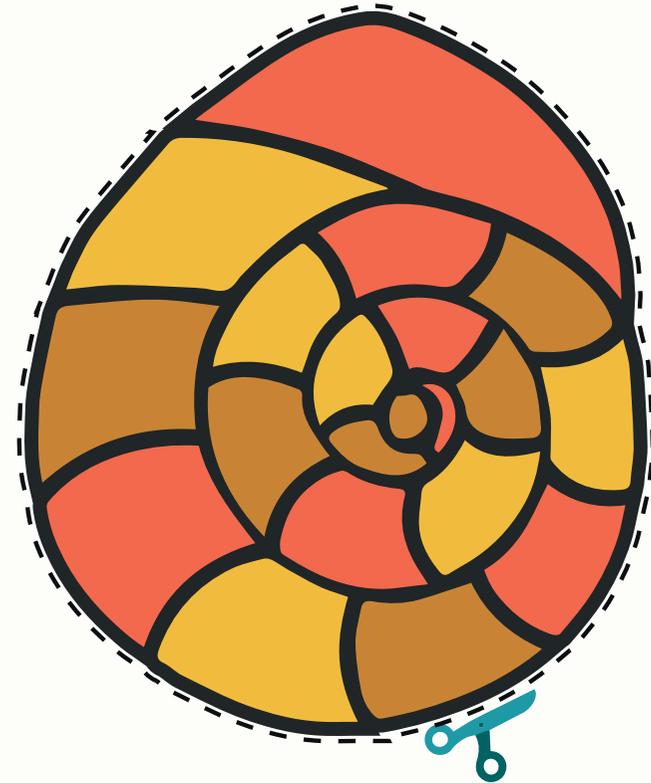
Gostou das atividades?

Aprenda muitas outras e também como elas podem otimizar o processo de desenvolvimento infantil de forma lúdica, encantadora e eficaz. ***Conheça o PEPI!***

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